

34 Fun Projects to Provoke Your Imagination

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JANUARY 2009 | CreativeKnittingMagazine.com

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Take Your Pick
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Thaw the Arctic Frost

Knit a Cozy Coat

A Knitter's Best Friend

Canine Vest & Tote

Go Green

Eco-conscious Shawl



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EDITOR'S LETTER It's time for lavish layers.

As winter winds whisper, we think of lavish layers—not only coats, but also beautiful knitted items (sweaters, hats, gloves, etc.) to add and subtract as the temperatures change. Inside this issue, you'll find many options to wear and enjoy for years.



I hope you are in a relaxed state of mind as the New Year begins. So many of us take on too many obligations at this time, and the resulting balancing act between family and career can wreak havoc with our schedules and attitudes. Who gets left behind when too

much is crammed into too little time? Too often it is you!

Many of us make resolutions to begin a new year, and here are a few I'll share. Take a few minutes each day to recharge your inner batteries. Be sure to include time for knitting in your schedule. Be lavish with praise and frugal with criticism. Be as kind and forgiving to yourself as you are to your best friends.

Wishing you all the best in 2009,



Barb

Barb Bettegnies, Editor



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CREATIVE LETTERS

Our readers share the beautiful creations from their needles.

Spa Cloth to Bedspread

I want to share the project I just finished from the January 2008 issue. I was inspired by the article about Lisa Gentry and the Spa Cloth pattern and made a few adaptations to create the cotton bedspread pictured below. Since I do not like to sew seams, I knitted the entire piece together. I just love the crisp look of the two-colored project!

Thanks for the great magazine!

Debra Hartman, Indianapolis, IN



Congratulations on the completion of your beautiful counterpane, Debra. The changes you made illustrate perfectly how to make the project really personal! Well done!

—Editor

Knitting Guild Helps Charities

The Manchester Knitting Guild meets often to work on community knitting, and the eight members have fun sharing ideas, patterns and their lives. They recently sent 12 sweaters to "Knit for Kids," using a pattern from *Guideposts* magazine. The knitters, who range in age from 42 to 82, have also knit for Warm-Up America, the American Cancer Society and their local churches and find it quite rewarding. One member even knits

while hiking and when sitting in the dentist's chair!

Sandy McHenry, Manchester Center, VT



Your guild seems to have found the Fountain of Youth, Sandy, and it is no surprise that your delight comes with doing such nice things for others. Thanks for inspiring others to do the same. —Editor

Thank Heaven for Little Girls...and Dolls!

Here is a photo of my granddaughter, Alexandra, with her doll in the matching outfit I made from the pattern in your June 2006 issue. The design was easy to follow and was a big hit!



I have been knitting for 45 years, and enjoyed other patterns in that issue. Thank you for the design and please offer more of this type.

Linda Koulouris, Waterbury, CT

There's nothing like that smile as a reward for your efforts, is there? Nice work, Linda. —Editor

We welcome your comments, advice and ideas. Letters chosen for publication may be edited for brevity and clarity. Please write to: *Creative Knitting* Letters, 306 East Parr Road, Berne, IN 46711; or e-mail: Editor@CreativeKnittingMagazine.com. Letters may also be faxed to: (260) 589-8093. Every effort is made to return submissions if accompanied by return postage. Publisher assumes no responsibility for return or safety of unsolicited materials.

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Alpaca Seta : Skacel Yarns
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skacel

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A clever option is to connect two spheres to take along your two-color projects' yarns and have both protected.

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Incomparable Buttons

While choosing a pattern and yarn for your next cardigan, give thought to the closure you'll need. It makes sense to plan ahead to find the perfect buttons to finish your masterpiece. The selection in local yarns shops which carry the *Incomparable Button* collection from South Africa may inspire you to reach new heights!

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Nicky Epstein's Signature Scarves

By Nicky Epstein
(\$29.95, Nicky Epstein Books, 160 pages)

Prolific designer Nicky Epstein is recognized for her whimsical sense of design. In *Signature Scarves*, that distinctive style is in full force. Taking advantage of a range of fascinating techniques including shibori felting, appliquéd, medallion knitting and unique edgings, Nicky has created scarves that will have you itching to take up needles and yarn. She hasn't forgotten classic designs, either. Here you'll find cabled, Fair Isle, mosaic and lace scarves for everyone in the family. The book includes 33 scarf designs which cover all skill levels. There is indeed something here for the more advanced knitter. Techniques are clearly photographed, and the section on "How to Tie a Scarf" is particularly helpful once you have a closetful of knitted scarves to wear!

Knitting Through It

Edited by Lela Nargi
(\$17.95, Voyageur Press, 224 pages)

Throughout history, knitters have continued to knit when faced with economic, political and personal upheaval. In *Knitting Through It: Inspiring Stories for Times of Trouble*, editor Lela Nargi has collected essays, interviews and photographs about knitting through adversity. Some of the stories are from the WPA's Federal Writer's Project, others from contemporary authors who write on such matters as Native American knitting, and knitting in prison.

With chapter headings including Knitting Through Charity ... Illness ... Grief ... Work ... Unemployment ... Prison ... War ... Poverty and so on, this collection of stories is not a happy book, but it is a hopeful one. It helps us understand the common human experience and how knitting binds us through the ages.

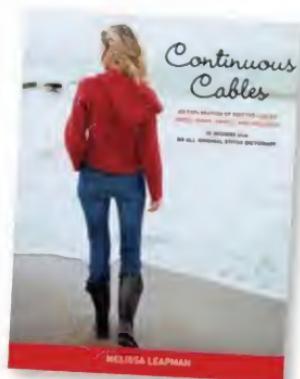


Continuous Cables

By Melissa Leapman
(\$32.50, Potter Craft, 192 pages)

Continuous Cables follows up on the success of Melissa Leapman's *Cables Untangled* with the focus on closed-ring cables, a variation of the classic vertical cable.

Closed-ring cables differ from cable panels in that they have a true beginning and end—the cable closes on itself to resemble a knot. The subtitle of the book says it all: *An Exploration of Knitted Cabled Knots, Rings, Swirls, and Clicques*. Melissa offers a selection of beautiful cabled designs for men, women, children and the home, plus a stitch dictionary that appeals to the hidden designer in all of us. Cable instructions are charted, which is (believe me!) the easiest way to read and understand them. If you've never knit a cable or



followed a cable chart before, you'll find that the how-to section includes all the information you need to learn these new skills. *Continuous Cables* is a valuable reference and project book for your knitting library.

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Skill Level

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 35½ (38, 41, 43½, 46) inches
Length: 22 (22½, 23, 23½, 23½) inches

Materials

- DK weight yarn* (350 yds/156g per skein): 3 (4, 4, 5, 5) skeins cosmopolitan #29146
- Size 3 (3.25mm) needles
- Size 5 (3.75mm) needles or size needed to obtain gauge



*Sample project was completed with Ballet (50% alpaca/50% Tencel) from Fiesta Yarns.

Gauge

24 sts and 36 rows = 4 inches/10cm in pat with larger needles.

To save time, take time to check gauge.

Pattern Stitches

K2, P2 Rib (multiple of 4 sts + 2)

Row 1 (RS): K2, *p2, k2; rep from * across.

Row 2: P2, *k2, p2; rep from * across.

Rep Rows 1 and 2 for pat.

Slip Stitch (multiple of 4 sts + 2)

Row 1 (RS): K1, *sl next 2 sts purlwise wyif, k2; rep from * to last st, end k1.

Row 2 and all WS rows: Purl across.

Row 3: *K2, sl next 2 sts purlwise wyif, rep from * to last 2 sts, end k2.

Row 5: K3, *sl next 2 sts purlwise wyif, k2; rep from * to last 3 sts, end sl next 2 sts purlwise wyif, k1.

Row 7: K1, *sl next st purlwise wyif, k2, sl next st purlwise wyif, rep from * to last st, end k1.

Row 8: Rep Row 2.

Rep Rows 1-8 for pat.

Back

With smaller needles, cast on 106 (114, 122, 130, 138) sts. Beg K2, P2 Rib, and work even until back measures approx 1½ inches from beg, ending with a WS row.

Beg Slip Stitch pat, and work even

until back measures approx 13½ inches from beg, ending with a WS row.

Shape armholes

Bind off at beg of row [4 (5, 6, 7, 8) sts] twice, [2 (2, 3, 3, 4) sts] twice, then keeping 1 st at each edge in St st, dec 1 st at each side [every row] 0 (2, 0, 0, 0) times, then [every other row] 11 (11, 13, 14, 14) times—72 (74, 78, 82, 86) sts rem.

Continue to work even until back measures approx 21 (21½, 22, 22½, 22½) inches from beg, ending with a WS row.

Shape shoulders

Bind off at beg of row [4 (4, 5, 5, 6) sts] 6 times, then [3 (4, 3, 5, 4) sts] twice—42 sts rem.

Bind off rem sts.

Front

Work as for back until front measures approx 19½ (20, 20½, 21, 21) inches from beg, ending with a WS row.

Shape neck

Next row (RS): Work across first 27 (28, 30, 32, 34) sts, join 2nd ball of

CONTINUED ON PAGE 76

SIZED TO
2X



Easy Basket-weave Cardigan

SIMPLE STITCH AND SHAPE MEET IN A
CLASSY SWEATER TO KNIT AND WEAR.

Skill Level

EASY

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest (buttoned): 36 (39½, 43, 47, 51) inches

Length: 22 (22½, 23, 23½, 24) inches

Materials

- Worsted weight yarn* (220 yds/100g per skein): 4 (5, 6, 7) skeins aqua #71662
- Size 5 (3.75mm) needles
- Size 6 (4mm) needles
- Size 7 (4.5mm) needles or size needed to obtain gauge
- Stitch markers
- 5 (7/8-inch) buttons* #11171
- Size F/5 (3.75mm) crochet hook (optional)



*Sample project was completed with Deluxe Worsted (100% wool) from Universal Yarn Inc., and Hanauma buttons from JHB International.

Gauge

17 sts and 26 rows = 4 inches/10cm in St st with size 7 needles.

To save time, take time to check gauge.

Pattern Stitches

K1, P1 Rib (multiple of 2 sts + 1)

Row 1 (WS): P1, *k1, p1; rep from * across.

Row 2 (RS): K1, *p1, k1; rep from * across.

Rep Rows 1 and 2 for pat.

Basket-weave (multiple of 8 sts + 4)

Row 1 (RS): K4, *p4, k4; rep from * across.

Row 2: P4, *k4, p4; rep from * across.

Rows 3 and 4: Rep Rows 1 and 2.

Row 5: P4, *k4, p4; rep from * across.

Row 6: K4, *p4, k4; rep from * across.

Rows 7 and 8: Rep Rows 5 and 6.

Rep Rows 1-8 for pat.

Back

With size 7 needles, cast on 75 (83, 91, 99, 107) sts. Work even in K1, P1 Rib until back measures 3 inches

from beg, ending with a WS row, and inc 1 st in center of last row—76 (84, 92, 100, 108) sts.

Work even in Basket-weave pat until back measures 14 inches from beg, ending with a WS row.

Shape armholes

Bind off 4 (5, 6, 7, 8) sts at beg of next 2 rows. Dec 1 st at each edge [every RS row] 5 (6, 7, 8, 9) times, then work even on rem 58 (62, 66, 70, 74) sts until back measures 22 (22½, 23, 23½, 24) inches from beg, ending with a WS row. Bind off knitwise.

Right Front

Note: Body pat on front is worked as a multiple of 8 sts + 3.

With size 7 needles, cast on 35 (39, 43, 47, 51) sts. Work even in K1, P1 Rib until front measures 3 inches from beg, ending with a WS row.

Beg pat

Row 1 (RS): P3, *k4, p4; rep from * across.

Work in pat as set until front measures 14 inches from beg, ending with a RS row.

CONTINUED ON PAGE 76

SIZED TO
2X



Lacy Ruffled Cardigan

Generous lace ruffles grace the sleeves and collar of this long eyelet-patterned cardigan.

Skill Level INTERMEDIATE

Sizes

Woman's small (medium, large, extra-large, 2X-large, 3X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 33 (38½, 40½, 45, 49, 53) inches
Length: 29 (29, 29½, 30, 30, 30) inches

Materials

- Worsted weight yarn* (315 yds/170g per skein): 4 (4, 5, 5, 5, 6) skeins white #9701
- Size 8 (5mm) straight and 24-inch circular needles or size needed to obtain gauge
- Stitch markers
- Size H/8 (5mm) crochet hook
- 6 (¾-inch) buttons
- 8 (½-inch) buttons
- 2 yds. 1½-inch-wide white grosgrain ribbon
- Sewing needle and matching thread
- Row counter (optional)



*Sample project was completed with Simply Soft (100% acrylic) from Caron International.

Gauge

18 sts and 24 rows = 4 inches/10cm in St st.

To save time, take time to check gauge.

Pattern Stitches

Eyelet Pat (multiple of 2 sts)

Rows 1, 3 and 5 (RS): Knit to marker, [yo, k2tog for eyelet], knit to end.

Row 2 and all WS rows: Purl across.

Rows 7, 9 and 11: Knit to marker, [ssk, yo for eyelet], knit to end.

Row 12: Purl across.

Rep Rows 1–12 for Eyelet pat, working rem sts in St st.

Picot Edging

Note: If not familiar with chain (ch) and single crochet (sc) sts, refer to Crochet Class on page 74.

Sc in first st, *ch 4, sc in same st as last sc, [skip next st, sc in next st] 3 times; rep from * around, end ch 4, sl st into first sc. Fasten off.

Pattern Note

Right front laps over left front approximately 1 inch.

Back

Cast on 164 (180, 194, 212, 230, 248) sts.

Ruffle

Beg with a RS row, work even in St st for 6 rows, ending with a WS row.

Shape ruffle (RS): [K2tog] across—82 (90, 97, 106, 115, 124) sts.

Work even in St st until back measures 4 (4, 4½, 4½, 4½, 4½) inches from beg, ending with a WS row.

Shape sides

Beg on this row, dec 1 st at each side [every 6 (6, 8, 6, 6, 6) rows] 6 (6, 5, 7, 7, 7) times, ending with a WS row. Work even for 4 rows, then inc 1 st at each side [every 18 (8, 8, 8, 8) rows] 3 (5, 3, 5, 5) times—76 (88, 93, 102, 111, 120) sts.

Work even until back measures 21 (20½, 20¼, 20½, 20, 20) inches from beg, ending with a WS row.

Shape armholes

Bind off 4 (4, 5, 5, 6, 7) sts at beg of next 2 rows, then dec 1 st at each side [every other row] 5 (7, 8, 11, 12, 13) times—58 (66, 67, 70, 75, 80) sts.

Work even until armhole measures

7½ (8, 8¼, 8½, 9, 9) inches from beg of shaping, ending with a WS row.

SIZED TO
3X

Shape shoulders

At beg of row, bind off [8 (10, 6, 7, 7, 8) sts] 2 (4, 2, 6, 4, 6) times, then [9 (0, 7, 0, 8, 0) sts] 2 (0, 4, 0, 2, 0) times—24 (26, 27, 28, 31, 32) sts rem for neck.

Bind off rem sts.

Left Front

Cast on 84 (92, 98, 108, 116, 126) sts.

Ruffle

Beg with a RS row, work even in St st for 6 rows, ending with a WS row.

Shape ruffle (RS): [K2tog] across—42 (46, 49, 54, 58, 63) sts.

Beg Eyelet pat: Working in St st, p12, place marker, p2, place marker, purl to end.

Work even in St st, working Rows 1–12 of Eyelet pat between markers throughout until front measures 4 (4, 4½, 4½, 4½, 4½) inches from beg, ending with a WS row.

Shape sides

Beg on this row (RS), dec 1 st at beg of row [every 6 (6, 8, 6, 6, 6) rows] 6 (6, 5, 7, 7, 7) times, ending with a WS row. Work even for 4 rows, then inc 1 st at beg of row [every 18 (8, 18, 8, 8, 8) rows] 3 (5, 3, 5, 5, 5) times—39 (45, 47, 52, 56, 61) sts.

Work even until front measures same as back to armhole, ending with a WS row.

Shape armhole

Maintaining Eyelet pat, at beg of row, bind off 4 (4, 5, 5, 6, 7) sts, then dec 1 st [every other row] 5 (7, 8, 11, 12, 13) times—30 (34, 34, 36, 38, 41) sts.

Work even until armhole measures 6 (6, 6½, 6½, 7, 7) inches from beg of shaping, ending at neck edge with a RS row. Continue in St st only on all sts for rem of front.

Shape neck

At beg of row, bind off 8 (8, 9, 10, 10) sts, work 1 row even, then dec



Arctic Frost Coat

Skill Level  **INTERMEDIATE**

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest (buttoned): 36 (38, 44, 48, 52) inches

Length: 24 (25, 25½, 26½, 27) inches

Materials

- Bulky weight alpaca blend yarn* (110 yds/50g per ball): 7 (7, 8, 9, 10) balls natural #1000 (A)
- Worsted weight silk/wool blend yarn* (109 yds/50g per ball): 12 (12, 14, 14, 15) balls light teal #4 (B)
- Worsted weight alpaca/wool/cashmere blend yarn* (105 yds/50g per ball): 8 (8, 9, 10, 10) balls natural #100 (C), 3 (4, 4, 4, 5) balls light teal #1042 (D)
- Size 9 (5.5mm) 24-inch circular needle
- Size 10½ (6.5mm) 24-inch circular needle or size needed to obtain gauge
- Cable needle
- Stitch markers
- Stitch holders
- 5 (50mm) buttons* teal paisley #390117

***Sample project was completed with**
Baby Alpaca Brush (80% baby alpaca/20% acrylic), Royal Silk Merino (51% silk/49% merino wool), King George from the Bristol Yarn Gallery Collection (45% baby alpaca/45% merino wool/10% cashmere) from Plymouth Yarn Co.; and buttons from Dill Buttons of America.



Gauge

19 sts and 16 rows = 4 inches/10cm in Cable pat with larger needles and MC.

12 sts and 18 rows = 4 inches/10cm in reverse St st with larger needles and CC.

To save time, take time to check gauge.

Special Abbreviations

Cable 9 (C9): Sl 3 sts to cn and hold in front, k3, p3, k3 from cn.

Wrap and Turn (W/T): Bring yarn to front of work between needles, sl next st purlwise to RH needle, take yarn to back of work, replace st on LH needle, turn. On following row, wrapped st is worked tog with the st it is wrapped around.

Pattern Stitches

3/3 Rib

Row 1 (WS): *P3, k3; rep from * across.

Row 2: *K3, p3; rep from * across. Rep Rows 1 and 2 for pat.

3/2 Rib

Row 1 (WS): P3, *k2, p3; rep from * across row.

Row 2: K3, *p2, k3; rep from * across row.

Rep Rows 1 and 2 for pat.

Cable Rib

Work in established 3/3 Rib for 20 rows, crossing cables on Row 5 as directed.

Pattern Notes

One strand each of A, B and C are held tog for MC.

One strand each of B and D are held tog for CC.

Circular needle is used to accommodate large number of stitches. Do not join; work in rows.

If there aren't enough sts after armhole and neck dec to cross cable, work those sts in rib pat.

When sewing seams, use 1 strand each of B and C held tog, except for cuffs and lower edges, where 1 strand each of B and D are used.

Back

With CC and smaller needles, cast on 85 (95, 105, 115, 123) sts. Beg with a WS row, beg and ending with k2 (k1, p3, p2, k3), work even in 3/3 Rib until back measures 3 inches, ending with a WS row.

Change to MC and larger needles. Work even in established rib for 4 rows more.

SIZED TO
2X



Under-the-Vest Sweater

Skill Level 
EASY

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

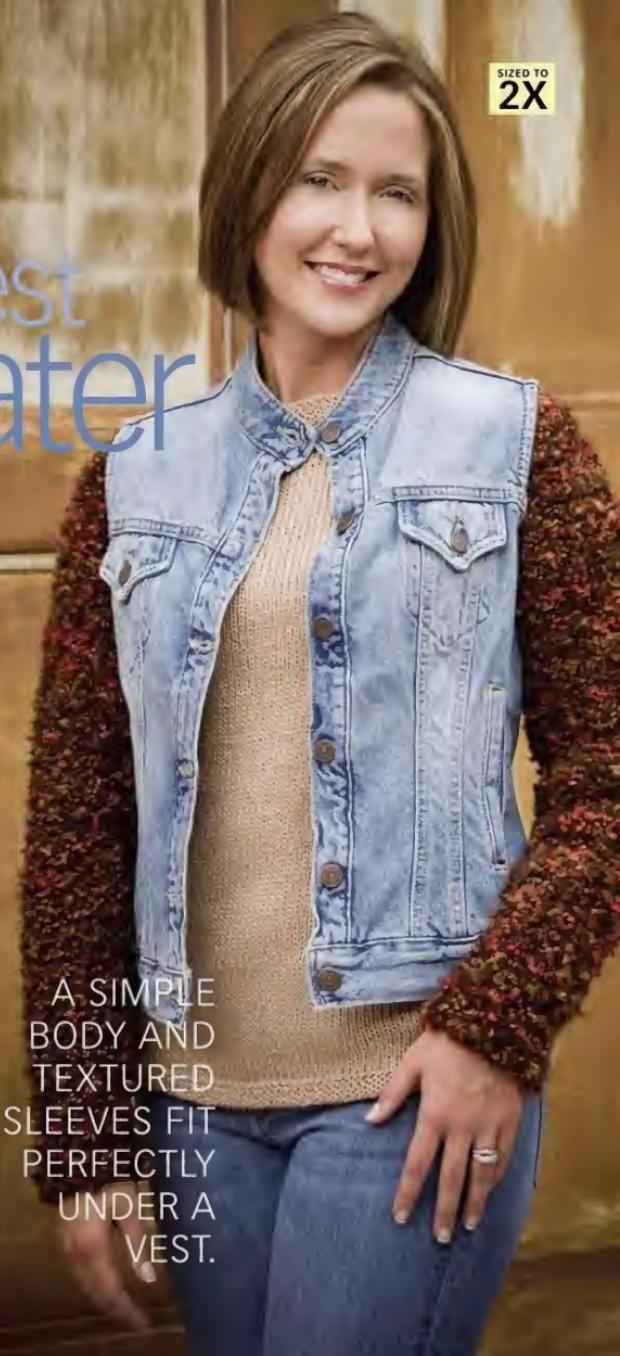
Chest: 33 (37, 41, 45, 49) inches
Length: 24½ (24½, 25, 25, 25½) inches

Materials

- Worsted weight yarn* (178 yds/100g per skein): 3 (3, 4, 4, 4) skeins tan #3303 (A)
- Super bulky weight yarn* (105 yds/127g per skein): 2 (2, 3, 3, 3) skeins spice multi #9932 (B)
- Size 6 (4mm) needles or size needed to obtain gauge
- Size 13 (9mm) needles or size needed to obtain gauge



*Sample project was completed with TLC Cotton Plus (51% cotton/49% acrylic) and Red Heart Light & Lofty (100% acrylic) from Coats & Clark.

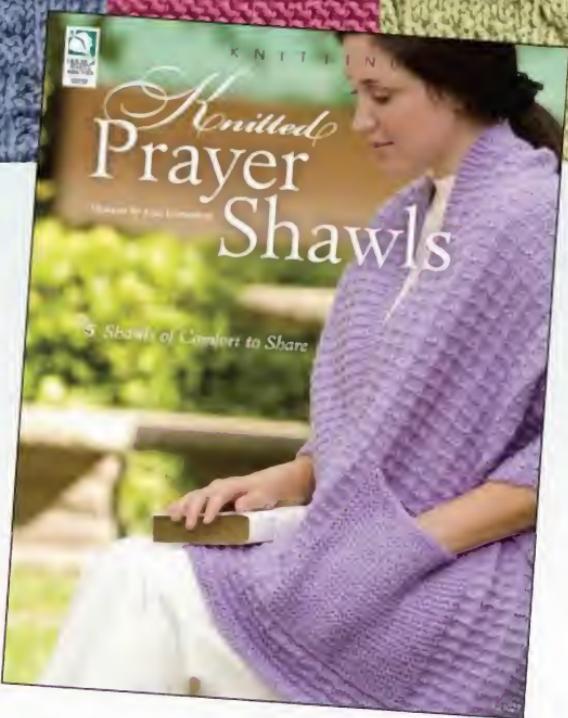


CONTINUED ON PAGE 82

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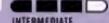


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Moss & Ribs Pullover

Skill Level  **INTERMEDIATE**

Sizes

Woman's small (medium, large, extra-large, 2X-large) instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 38 (42½, 46, 49, 52½) inches
Length: 23½ (24, 24½, 25, 25½) inches

Materials

- Worsted weight yarn* (210 yds/100g per ball): 5 (6, 7, 7, 8) balls violet heather #749
- Size 4 (3.5mm) straight and circular needles
- Size 6 (4mm) needles or size needed to obtain gauge
- Stitch markers
- Stitch holders



*Sample project was completed with Galway Worsted Highland Heather (100% wool) from Plymouth Yarn Co.

Gauge

20 sts and 24 rows = 4 inches/10cm in pat with larger needles.

To save time, take time to check gauge.

THE V-NECK AND STRONG VERTICAL LINES MAKE THIS SWEATER LOOK GREAT ON ANY BODY



Special Abbreviations

Wrap and Turn (W/T): Work to st to be wrapped, bring yarn forward, sl next st purlwise to RH needle; take yarn to back, return sl st (which is now wrapped) to LH needle; turn, work back to beg of row.

Central double decrease (CDD):

Sl next 2 sts as if to k2tog, k1, p2sso.

Pattern Stitch

Moss Rib (multiple of 8 sts + 3)

Row 1 (WS): P1, k2, *p2, k1, p2, k3; rep from *, end last rep k2, p1 instead of k3.

Row 2 (RS): K1, p2, *k2, p1, k2, p3; rep from *, end last rep p2, k1 instead of p3.

Row 3: P1, k2, *p2, k1, p2, k3; rep from *, end last rep k2, p1 instead of k3.

Row 4: K1, p2, *k1, [p1, k1] twice, p3; rep from *, end last rep p2, k1 instead of p3.

Row 5: P1, k2, *p1, [k1, p1] twice, k3; rep from *, end last rep k2, p2 instead of k3.

Rep Rows 2-5 for pat.

Special Technique

Work wrapped st and wrap tog: On RS, Knit to wrapped st, sl wrapped st purlwise from LH needle to RH needle. Use tip of LH needle to pick up wrap and place it on RH needle. Sl wrap and st back to LH needle and knit them tog.

On WS, Purl to wrapped st, sl the wrapped st knitwise from LH needle to RH needle. Use tip of RH needle to pick up wrap and place it on RH needle. Sl wrap and st back to LH needle and purl them tog.

Pattern Note

Moss Rib pat Row 1 is a set-up row and is not repeated.

Back

With smaller needles, cast on 99 (107, 115, 123, 131) sts. Beg pat and work until back measures approx 2 inches.

Change to larger needles and continue in pat until back measures 15 inches, ending with a WS row.

Shape armholes

At beg of row, bind off [8 (9, 11, 12, 14) sts] twice, then dec 1 st at each side [every RS row] 5 (5, 6, 7, 7) times—73 (79, 81, 85, 89) sts.

Continue to work in established pat, keeping 1 st at each edge in st st until armhole measures 7½ (8, 8½, 9, 9½) inches, ending with a WS row. Mark center 35 (39, 41, 43, 43) sts for neck.

CONTINUED ON PAGE 83

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Skill Level

EXPERIENCED

Sizes

Woman's extra-small (small, medium, large, extra-large) instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurement

Chest: 34 (38, 42, 46, 50) inches

Materials

- Worsted weight yarn* (166 yds/100g per ball): 7 (8, 8, 9, 9) balls rose pink #4473
- Size 8 (5mm) straight and 16-inch circular needles or size needed to obtain gauge
- Stitch markers
- Cable needle
- Size G/6 (4mm) crochet hook



*Sample project was completed with Moda Dea Washable Wool (100% merino wool) from Coats & Clark.

Gauge

19 sts and 24 rows = 4 inches/10cm in St st.

To save time, take time to check gauge.

Special Abbreviations

Cable 6 Back (C6B): Sl next 3 sts to cn and hold in back, k3, k3 from cn.

Cable 6 Front (C6F): Sl next 3 sts to cn and hold in front, k3, k3 from cn.

Twist 5 Left (T5L): Sl next 3 sts to cn and hold in front, p2, k3 from cn.

Twist 5 Right (T5R): Sl next 2 sts to cn and hold in back, k3, p2 from cn.

Pattern Stitch

Cable (panel of 30 sts)

Row 1 (RS): P2, [C6B, p4] twice, C6B, p2.

Row 2: K2, [p6, k4] twice, p6, k2.

Row 3: P2, [k6, p4] twice, k6, p2.

Rows 4 and 5: Rep Rows 2 and 3.

Row 6: Rep Row 2.

Rows 7 and 8: Rep Rows 1 and 2.

Row 9: P2, k3, T5L, p2, k6, p2, T5R, k3, p2.

Row 10: K2, [p3, k2] twice, p6, [k2, p3] twice, k2.

Row 11: P2, [T5L] twice, k6, [T5R] twice, p2.

Row 12: K4, p3, k2, p12, k2, p3, k4.

Row 13: P4, T5L, [C6F] twice, T5R, p4.

Row 14: K6, p18, k6.

Row 15: P6, [C6B] 3 times, p6.

Row 16: Rep Row 14.

Row 17: P4, T5R, [C6F] twice, T5L, p4.

Row 18: K4, p3, k2, p12, k2, p3, k4.

Row 19: P2, [T5R] twice, k6, [T5L] twice, p2.

Row 20: K2, [p3, k2] twice, p6, [k2, p3] twice, k2.

Row 21: P2, k3, T5R, p2, k6, p2, T5L, k3, p2.

Row 22: K2, [p6, k4] twice, p6, k2.

Rows 23-34: [Rep Rows 1-6] twice.
Rep Rows 1-34 for pat.

Pattern Note

A chart is provided on page 84 for the Cable pattern for those preferring to work the pattern stitch from a chart.

Back

Cast on 120 (130, 140, 150, 160) sts.

Row 1 (WS): P8 (11, 14, 17, 20), place marker, k2, [p6, k4] twice, p6, k2, place marker, p44 (48, 52, 56, 60), place marker, k2, [p6, k4] twice, p6, k2, place marker, p8 (11, 14, 17, 20).

Row 2: K8 (11, 14, 17, 20), p2, k6,

[p4, k6] twice, p2, k44 (48, 52, 56, 60), p2, k6, [p4, k6] twice, p2, k8 (11, 14, 17, 20).

Rep Rows 1 and 2 until back measures 3 1/4 inches from beg, ending with a WS row.

Beg cable panels

Row 1 (RS): Work first 8 (11, 14, 17, 20) sts in St st, sl marker, work Row 1 of Cable pat over next 30 sts, sl marker, work next 44 (48, 52, 56, 60) sts in St st, sl marker, work Row 1 of Cable pat over next 30 sts, sl marker, work last 8 (11, 14, 17, 20) sts in St st.

Row 2: P8 (11, 14, 17, 20), work Row 2 of Cable pat between markers, p44 (48, 52, 56, 60), work Row 2 of Cable Pat between markers, p8 (11, 14, 17, 20).

Continue in established pat, working Rows 1-6 of Cable pat between markers and rem sts in St st until back measures 22 (22 1/4, 22 1/2, 22 3/4, 23) inches from beg, ending with a WS row.



Shape armholes

Bind off at beg of row [3 (3, 4, 5) sts] twice, then [2 (2, 2, 3, 3) sts] twice—110, 120, 128, 136, 144 sts.

Dec 1 st at each edge [every RS row] 3 (4, 4, 5, 5) times—104, 112, 120, 126, 134 sts.

Work even until armhole measures 8 (8 $\frac{1}{4}$, 8 $\frac{1}{2}$, 8 $\frac{3}{4}$) inches, ending with a WS row.

Shape back neck

Maintaining pat, work 40 (42, 44, 46, 48); attach 2nd ball and bind off center 24 (28, 32, 34, 38) sts, work to end.

Working both sides at once, at each neck edge bind off [5 sts] twice—30, 32, 34, 36, 38 sts on each side.

Work even until armhole measures 8 $\frac{1}{2}$ (8 $\frac{1}{4}$, 8 $\frac{3}{4}$, 9, 9) inches, ending with a WS row. Bind off all sts.

Right Front

Cast on 60 (65, 70, 75, 80) sts.

Row 1 (WS): P8 (11, 14, 17, 20), place marker, k2, [p6, k4] twice, p6, k2, place marker, p14 (14, 16, 16, 18), [k1, p1] 4 (5, 5, 6, 6) times.

Row 2: [k1, p1] 4 (5, 5, 6, 6) times, k14 (14, 16, 16, 18), p2, k6, [p4, k6] twice, p2, k8 (11, 14, 17, 20).

Rep Rows 1 and 2 until front measures 3 $\frac{1}{4}$ inches from beg, ending with a WS row.

Beg cable panel

Row 1 (RS): Work first 22 (24, 26, 28, 30) sts in established pat, sl marker, work Row 1 of Cable pat over next 30 sts, sl marker, work last 8 (11, 14, 17, 20) sts in St st.

Row 2: P8 (11, 14, 17, 20), work Row 2 of Cable pat between markers, work last 22 (24, 26, 28, 30) sts in established pat.

Continue in established pat, working Rows 1-34 of Cable pat between markers and rem sts in established pat until front measures 16 (16 $\frac{1}{4}$, 16 $\frac{1}{2}$, 16 $\frac{3}{4}$, 17) inches from beg, ending with a WS row.

CONTINUED ON PAGE 84

Twisted Cable Turtleneck

Skill Level  **EXPERIENCED**

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 35 (38, 42, 45½, 49) inches
Length: 24 (24, 24½, 24½, 25) inches

Materials

- DK weight yarn* (136 yds/50g per ball): 18 (20, 22, 24, 26) balls lapis #752
- Size 4 (3.5mm) straight and 16-inch circular needles
- Size 6 (4mm) needles straight and 16-inch circular or size needed to obtain gauge
- Size 7 (4.5mm) 16-inch circular needle



THE CABLES
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*Sample project was completed with
Ornaghi Filati Merino Kind (100% Merino
wool) from Aurora Yarns.

Gauge

36 sts and 32 rows = 4 inches/10cm in Cable Pat with size 6 needles. To save time, take time to check gauge.

Pattern Stitches

Rib Pat (multiple of 4 sts)

Row 1 (RS): *K2, p2; rep from * across.

Rep Row 1 for pat.

Cable Pat (multiple of 16 sts + 12) Refer to chart on page 85 for pat.

Back

With size 4 needles, cast on 156 (172, 188, 204, 220) sts. Beg Rib pat, and work even until back measures approx 5 inches from beg, ending with a WS row.

Change to size 6 needles, beg Cable pat, and work even until back measures approx 14½ inches from beg, ending with a WS row.

Shape armholes

Bind off 16 sts at beg of next 2 rows—124 (140, 156, 172, 188) sts rem.

Work even until back measures approx 23 (23, 23½, 23½, 24) inches from beg, ending with a WS row.

Shape shoulders

Bind off at beg of row [8 (10, 12, 14, 16) sts] 6 times, then [7 (9, 11, 13, 15) sts] twice. Bind off rem 62 sts.

Front

Work as for back until front measures approx 21 (21, 21½, 21½, 22) inches from beg, ending with a WS row.

Shape neck

Work across first 50 (58, 66, 74, 82) sts, join 2nd ball of yarn and bind off center 24 sts, work across to end of row.

Working both sides at once with separate balls of yarn, at each neck edge, bind off [8 sts] once, [4 sts] once, [2 sts] once, dec 1 st [every row] 4 times, then [every other row] once—31 (39, 47, 55, 63) sts rem each side.

Work even, if necessary, until front measures same as back to shoulders. Shape shoulders as for back.

Sleeves

With size 4 needles, cast on 76 sts. Beg Rib pat, and work even until sleeve measures approx 2 inches from beg, ending with a WS row.

Change to size 6 needles, beg Cable Pat, and inc 1 st at each side [every other row] 11 (8, 19, 23, 37) times, then [every 4th row] 28 (31, 24, 20, 11) times, working new sts into pat as they accumulate—154 (154, 162, 162, 172) sts.

CONTINUED ON PAGE 85

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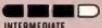
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Skill Level  INTERMEDIATE

Finished Size

Approx 22 x 64 inches

Materials

- Worsted weight yarn* (428 yds/8 oz) per hank: 2 hanks
Indian summer
- Size 7 (4.5mm) needles or size needed to obtain gauge



*Sample project was completed with Silken Mohair (70% mohair/20% silk/10% wool) from Cherry Tree Hill Yarn.

CONTINUED ON PAGE 86



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Skill Level

Sizes

Woman's small (medium, large, extra-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 36 (40, 44, 48) inches

Length: 23 (24½, 26, 28) inches

Materials

- Worsted weight yarn* (200 yds/100g per skein): 4 (5, 6, 7) skeins misty blue #SW71 (MC), 2 skeins mysterious fuchsia #SW27 (CC)
- Size 4 (3.5mm) 24-inch circular needle (for hem)
- Size 5 (3.75mm) needles
- Size 6 (4mm) needles or size needed to obtain gauge
- Sewing needle and thread
- Stitch holders
- 7 (¾-inch) buttons

*Sample project was completed with Lamb's Pride Superwash (100% wool) from Brown Sheep Co.



Gauge

20 sts and 26 rows = 4 inches/10cm in St st with size 6 needles. To save time, take time to check gauge.

Back

With size 5 needles and CC, cast on 89 (99, 109, 119) sts. Work 8 rows St st. Change to size 6 needles and MC, work 6 rows St st.

Beg and ending as indicated for size, work Rows 1-17 of Chart A on page 89.

Continue in St st in MC until back measures 13 (14, 15, 15½) inches, ending with a WS row.

Shape armholes

At beg of row, bind off [5 sts] twice, [3 sts] twice, then dec 1 st at each side [every RS row] 3 (5, 5, 6) times—67 (73, 83, 91) sts.

Work even until armhole measures 3½ (4, 4½, 5) inches, then rep Chart A, aligning pat above lower band. Work 2 rows MC.

Continue in CC until armhole measures 9 (9½, 10, 11½) inches.

Shape shoulders

Bind off at beg of row [6 (7, 8, 9) sts] 4 times, then [6 (7, 8, 8) sts] twice. SI rem 31 (31, 35, 39) sts on holder for back neck.

Left Front

With size 5 needles and CC, cast on 45 (50, 55, 60) sts. Work 8 rows St st. Change to size 6 needles and MC, work 6 rows St st.

Beg and ending as indicated for size, work Rows 1-17 of Chart B on page 89.

Continue in MC until front measures same as back to underarm, ending with a WS row.

Shape armhole

At beg of RS rows, bind off [5 sts] once, [3 sts] once, then dec 1 st [every RS row] 3 (5, 5, 6) times—34 (37, 42, 46) sts.

Work even until armhole measures 3½ (4, 4½, 5) inches, then work Chart B, aligning pat with lower band. Work 2 rows MC.

Continue in CC until armhole measures 7 (7½, 8, 9½) inches above underarms, ending with a RS row.

CONTINUED ON PAGE 88



Mocha Cabled Pullover

Skill Level 

INTERMEDIATE

Sizes

Woman's small (medium, large, extra-large, 2X-large) instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 36 (40, 44, 48, 52) inches

Length: 24½ (25, 25½, 26, 26½) inches

Materials

- Worsted weight yarn* (145 yds/80g per ball): 8 (9, 9, 10, 11) balls coffee #3365
- Size 7 (4.5mm) needles
- Size 8 (5mm) needles or size needed to obtain gauge
- Cable needle
- Stitch holders
- Stitch markers

*Sample project was completed with Bamboo Wool (55% rayon from bamboo/45% wool) from Moda Dea.



**CABLE PANELS DEFINE THIS
TURTLENECK WITH STYLE.**

CONTINUED ON PAGE 90

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Easy Market Bag

HERE'S A STYLISH AND EARTH-FRIENDLY WAY TO SHOP! THE OPEN-STITCH PATTERN STRETCHES TO ACCOMMODATE YOUR PURCHASES.

Skill Level  **INTERMEDIATE**

Finished Size

Approx 13 inches wide x 13 inches high

Materials

- Worsted weight yarn* (140 yds/100g per skein) 3 skeins red #3611
- Size 8 (5mm) 24-inch circular needle or size needed to obtain gauge
- Stitch marker
- 4 (1½-inch) metal D-rings



*Sample project was completed with Fantasy Naturale (100% cotton) from Plymouth Yarn Co.



Gauge

18 sts and 24 rows = 4 inches/10cm in St st.

To save time, take time to check gauge.

Pattern Stitches

Turkish Faggoting (multiple of 2 sts)

Rnd 1: *Yo, k2tog; rep from * around.

Rnd 2: *K2tog, yo; rep from * around, making sure to end with yo.

Note: Remember to work another yo at beg of next rnd as directed.

Rep Rnds 1 and 2 for pat.

Seed Stitch (worked in rows on an odd number of sts)

Row 1: K1, *p1, k1; rep from * across.

Rep Row 1 for pat.

Seed Stitch (worked in rnds on an even number of sts):

Rnd 1: *K1, p1; rep from * around.

Rnd 2: *P1, k1; rep from * around.

Rep Rnds 1 and 2 for pat.

Base

Cast on 27 sts. With circular needle, work back and forth in rows in Seed St pat for 10 inches. Bind off, leaving last st on needle.

Body

Pick up and knit 121 sts around sides of base—122 sts total. Place marker and join to work in rnds. Work in St st for 3 inches. Change to Turkish Faggoting pat and work even for 9 inches more. Work in Seed St pat for 1 inch. Bind off in pat.

Straps

Make 2

Cast on 5 sts.

Work in Seed St pat for 20 inches.

Bind off, leaving a long end for sewing.

Tabs

Make 4

Cast on 5 sts.

Work in Seed St pat for 4 inches.

Bind off, leaving a long end for sewing.

Finishing

Thread a D-ring on each tab, fold in half with WS tog. Referring to photo, place 2 tabs on front and 2 on back along top Seed St edge, approx 3 inches from side edges. Sew in place with D-rings facing up. Thread ends of straps through D-rings, fold over slightly and sew in place. Block lightly if desired. ■

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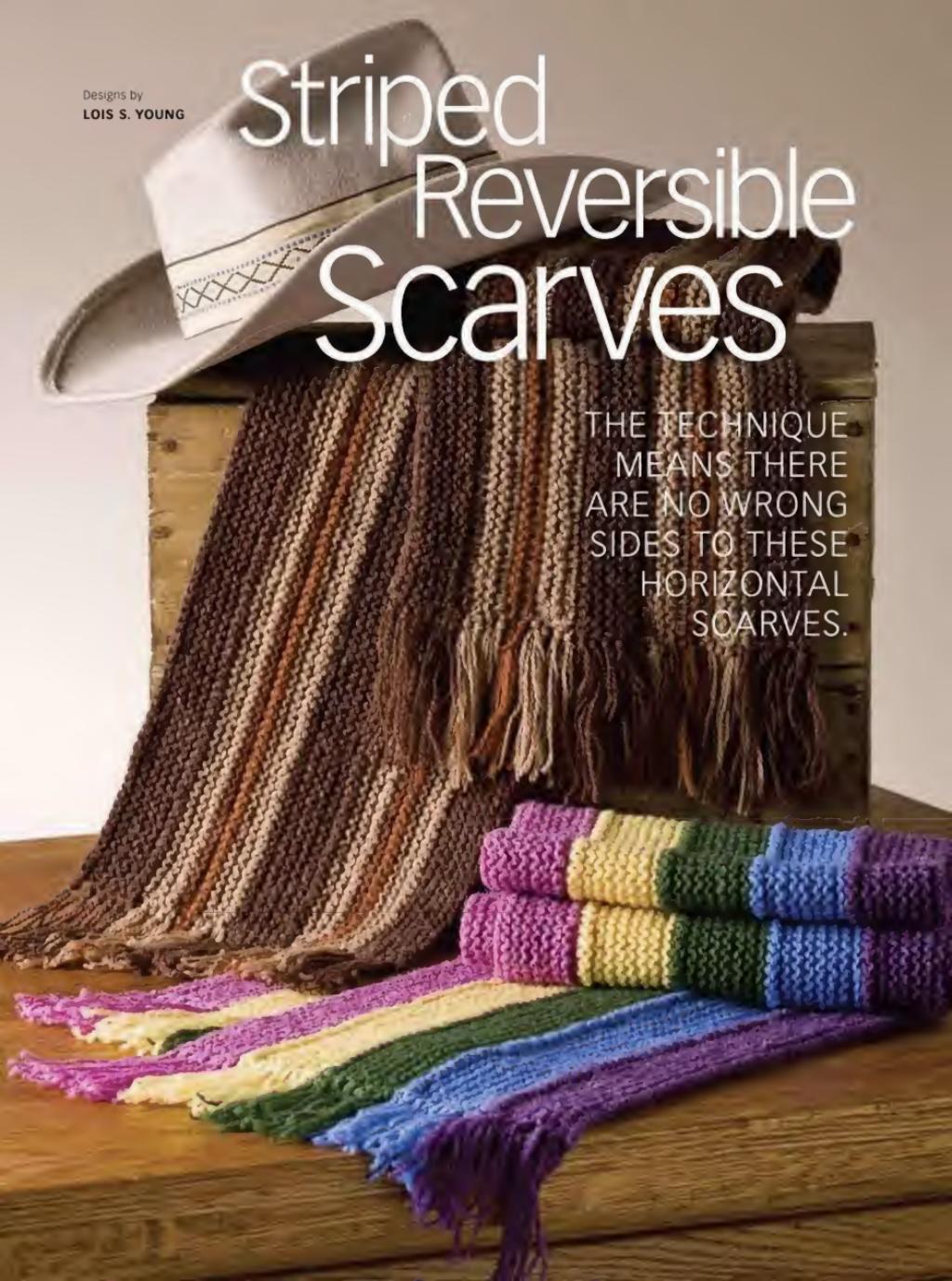


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Designs by
LOIS S. YOUNG

Striped Reversible Scarves

THE TECHNIQUE
MEANS THERE
ARE NO WRONG
SIDES TO THESE
HORIZONTAL
SCARVES.



Gauge

18 sts and 32 = 4 inches/10cm in garter st.

To save time, take time to check gauge.

Pattern Stitch

Chained Edge Garter Stitch

All rows: S1 1, knit to end, knitting last st tbl.

Special Technique

Color Change

Last row of previous color: Bind off all sts knitwise.

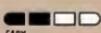
New color pick-up row: *With new color, pick up and knit 1 st in bound-off st, yo; rep from * (number of sts has doubled).

Row 1 of new color: Ssk across row (original number of sts restored).

Pattern Notes

Scarf is worked lengthwise using 2 strands of yarn held together.

Knit last stitch of every row through back loop. Slip first stitch of each row with yarn in front, take yarn to back between first and 2nd stitches, work rest of row.

Skill Level 
EASY

Rainbow Scarf Finished Size

Approx 8 x 60 inches
(excluding fringe)

Materials

- Fingering weight yarn (115 yds/25g per skein); 6 skeins coffee #808 (A), 3 skeins sand #183 (B), 2 skeins nutmeg #1200 (C)
- Size 7 (4.5mm) needles or size needed to obtain gauge

*Sample project was completed with Jamieson's Shetland 2-ply Spindrift (100% wool) from Schoolhouse Press.



Rainbow Scarf

With A, cast on 270 sts. Work 13 rows Chained Edge Garter Stitch, bind off all sts. Work Color Change to B, work 13 rows. Continue to change color in this manner, working 13 rows C and D. Change to E, work 12 rows. Bind off all sts.

Fringe

Cut 9-inch lengths of yarn. Matching color to stripe and holding 2 strands tog, thread through yarn needle, then pull through end of scarf. Align ends and tie in knot. Attach 1 fringe for each ridge at ends of scarf. Trim ends even.

Skill Level 
EASY

Brown & Rust Scarf Finished Size

Approx 8 x 65 inches
(excluding fringe)

Materials

- Fingering weight yarn (115 yds/25g per skein): 6 skeins coffee #808 (A), 3 skeins sand #183 (B), 2 skeins nutmeg #1200 (C)
- Size 7 (4.5mm) needles or size needed to obtain gauge

*Sample project was completed with Jamieson's Shetland 2-ply Spindrift (100% wool) from Schoolhouse Press.

Brown & Rust Scarf

With A, cast on 288 sts.

Working rows and Color Change as for Rainbow Scarf, work 11 rows A, *3 rows B, 1 row C, 3 rows B, 11 rows A; rep from * once more. Bind off all sts.

Make fringe as for Rainbow Scarf, matching each fringe to stripe. ■

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THE YOKE IS THE CENTER OF ATTENTION IN THIS WARM AND FRIENDLY SWEATER.

Gauge

16 sts and 20 rows = 4 inches/10cm in Cable pat.

To save time, take time to check gauge.

Skill Level



INTERMEDIATE

Sizes

Woman's small (medium, large, extra-large, 2X-large) instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurement

Chest: 34 (39, 44, 49, 54) inches

Materials

- Bulky weight yarn* (75 yds/50g per ball): 12 (13, 15, 16, 18) balls beyond beige #1075
- Size 10 (6mm) needles or size needed to obtain gauge
- Cable needle
- Stitch markers



*Sample project was completed with Duchess (40% merino wool/28% viscose/15% nylon/10% cashmere/7% angora) from Classic Elite Yarns.

Special Abbreviations

Cable 4 Front (C4F): Sl next 2 sts to cn and hold in front, k2, k2 from cn.

Right Twist (RT): K2tog, leaving sts on LH needle, insert tip of RH needle from front between 2 sts just knitted tog, and knit first st again; sl both sts off needle tog.

Pattern Stitch

Cable (multiple of 10 sts + 6)

Row 1 (RS): *P2, k2, p2, k4; rep from * to last 6 sts, end p2, k2, p2.

Row 2: K2, p2, k2, *p4, k2, p2, k2; rep from * across.

Row 3: *P2, RT, p2, C4F; rep from * to last 6 sts, end p2, RT, p2.

Row 4: K2, p2, k2, *p4, k2, p2, k2; rep from * across.

Rows 5 and 6: Rep Rows 1 and 2. Rep Rows 1-6 for pat.

Pattern Note

Back armhole is 1 inch deeper to allow neck to drop in front for a more comfortable fit.

Back

Cast on 68 (78, 88, 98, 108) sts. Work in garter st for 1 inch, ending with a WS row.

Change to St st and work even until back measures 12 (12, 11, 11, 11) inches from beg, ending with a RS row.

Next row (WS): P1, place marker, purl to last st, place marker, p1.

Keeping 1 st at each edge in St st, work Cable pat between markers until back measures 15 (15, 14, 14, 14) inches from beg, ending with a WS row.

Shape armholes

Note: When working shaping, if there aren't enough sts to complete a twist or cable, work rem sts in St st. Maintaining established pat, bind off 4 (4, 6, 6, 6) sts at beg of next 2 rows, then dec 1 st at each edge (every RS row) 4 times—52 (62, 68, 78, 88) sts rem.

Work even in pat until armholes measure 9 (9, 10, 10, 11) inches, ending with a WS row. Bind off all sts knitwise.

Front

Work as for back until armholes measure 8 (8, 9, 10, 10) inches, ending with a WS row. Bind off all sts knitwise.

Sleeves

Cast on 36 (40, 44, 44, 48) sts. Work in garter st for 1 inch, ending with a WS row.

Change to St st, inc 1 st at each edge on this and every following 12th

CONTINUED ON PAGE 87

SIZED TO
2X



Eco-Conscious Crafting

How to enjoy your knitting and be eco-friendly too

It seems that every product, from lightbulbs to automobiles, is now touted as "green" or ecologically sound. While an increase in awareness about how our purchases affect the Earth is a fine thing, if everything is promoted as a sound choice, how is anyone supposed to decide how best to shop? What's a knitter to do? Organic? Undyed? Local? Worker-friendly? The confusion is enough to make even the most adventurous yarn shopper knit from stash for the rest of her life!

There is no one-size-fits-all answer. That's the bad news. The good news is that there are several ways for the eco-conscious knitter to support her local yarn store and the Earth at the same time. Even a small step is a step in the right direction.

By making your sweater instead of buying it you are already being eco-friendly! Liz Shaw, design coordinator at Lion Brand Yarn, says, "Any time you reduce processing at any step [during manufacturing] it is a positive step. By choosing to create something from yarn rather than buying something commercially made you are reducing the number of steps in the process." Factories that produce commercially knit items use energy for the plants and machines, energy that you don't need since your needles are powered by your hands.

Durability is a key point in being an earth-friendly knitter. If you make a garment or household item that lasts for years, you are keeping trash in the form of damaged goods out of landfills, and limiting the amount of new items you need to buy. That's not

even considering that you're creating heirlooms for your descendants.

Buying locally made products from animals raised in your state is a two-fold way to be a good citizen. Energy is saved by limiting fuel needed for transport, and farmers earn a living so that their properties remain working farms. A farm I visited in Vermont had some of its yarn labeled as coming from Bob the llama! While you needn't get quite that close to the source of your fiber, it is a terrific way to educate yourself about the fiber chain that leads from Bob to a finished product.



There are ways to help the people that create your yarn, even if they live far away. Mango Moon was developed to help women in Nepal find employment. In this case, yarn is the difference between earning a living and going hungry. Owner Laurie Cook tells us, "In Nepalese society women have limited options in what they can do. Spinning is something they can do in their homes, and it's seen as an acceptable occupation." Many products are created from waste

fiber salvaged from the manufacture of other products and hand-spinning is environmentally friendly.

What about yarns labeled as organic? "Organic" on a skein of yarn doesn't always mean the same thing; many organizations certify products as organic, but some have higher standards than others. A yarn can be made from an organically produced animal or plant or processed into yarn via an organic process (low-energy usage, laundered without petrochemicals, responsible dying and disposal of waste products), but not all yarns are both organically raised and produced. Yarn companies are not trying to trick you when they call their products organic, but be aware that it might not mean what you think!

Lion Brand is home to two organic cottons—Lion Organic Cotton and Nature's Choice. Cotton was a good fiber choice for their organic line, because it is not quite so nebulous.

"There is pretty much a consensus on what makes cotton organic, but in terms of wool there isn't an international consensus. There are so many factors when you are talking about a sheep as opposed to a plant," says Liz Shaw. She added that it is hard to compare one fiber to another "but when you choose an organic as opposed to a commercial cotton, you are reducing pesticides in the world. Cotton growing in general tends to be pesticide heavy."

Wool and cotton are not the only fibers that can be used in an ecologically responsible manner.

CONTINUED ON PAGE 75

Design by
MARY BETH TEMPLE

Going Green Shawl

THIS LIGHT
LACE WRAP
REVEALS THAT
BEING GREEN
IS EASIER THAN
YOU MIGHT
THINK!



Skill Level  EASY

Finished Size

Approx 22 x 60 inches

Materials

- Worsted weight ribbon yarn*
(175 yds/100g per ball):
3 balls harvest green #084
- Size 11 (8mm) needles or size needed
to obtain gauge



*Sample project was completed with
Phoenix (100% soy silk) from South West
Trading Co.

Gauge

10 sts and 12 rows = 4 inches/10cm
in pat (slightly stretched).
Exact gauge is not critical to
this project.

CONTINUED ON PAGE 87

Best Friend Tote & Vest

Skill Level INTERMEDIATE

Tote

Finished Size

Base and Sides: Approx 15 x 62 inches (before felting)

Tote: Approx 8½ x 15 x 9 inches (after felting and assembly, and excluding handles)

Materials

- Worsted weight yarn* (98 yds/50g per skein): 12 hanks mochica blue #3844 (A)
- Worsted weight ribbon* (120 yds/50g per ball): 2 balls wrangler #3704 (B)
- Size 8 (5mm) needles
- Size 13 (9mm) 2 double-pointed needles and 29-inch circular needle or size needed to obtain gauge
- Stitch markers
- Box same size as desired size of tote for shaping after felting
- Sewing thread and needle
- Crochet hook (for fringe)
- Plastic canvas (optional for bottom of tote)

*Sample projects were completed with Jasper (100% merino wool) and Suede (100% nylon) from Berroco Inc.



Pattern Note

Yarn amount given for B is sufficient for both tote trim and dog vest.

Tote Gauge

Approx 11 sts = 4 inches/10cm in St st with larger needles and 2 strands of A (before felting).

Exact gauge is not critical to this project, but stitches should be light and airy before felting.

Pattern Note

Tote is knitted with 2 strands of A held together throughout.

Base

With circular needle and 2 strands of A, cast on 30 sts. Work in garter st in rows until there are 50 ridges.

Sides

K30, place marker, pick up and knit 50 sts across long edge of base, place marker, pick up and knit 30 sts across cast-on edge, place marker, pick up and knit 50 sts across rem long edge—160 sts.

Join and work St st in rnds until sides measure 13 inches.



*Purl 1 rnd, knit 1 rnd; rep from * until there are 6 ridges on RS. Bind off all sts.

I-Cord Handles

With dpn and 2 strands of A, cast on 8 sts, *sl sts to other end of needle, pull yarn firmly across back, k8; rep from * until cord measures approx 71 inches. Bind off.

Felting

Place tote and I-cord in a pillowcase or laundry bag. Set the washer to hot wash, cold rinse and lowest water level. Add a small amount of detergent. Add a pair of jeans to help in the agitation process. Check on the piece every 5 minutes. Felting could take 20–25 minutes or so. Keep setting back the timer to make the wash cycle longer. When desired felting is achieved, rinse and spin very lightly. Excessive spinning can set creases. Excess water can also be removed by rolling pieces in a towel.

After felting, place empty plastic bag over appropriate-size box and place box inside tote to shape it. Allow to dry with box inside.

Assembly

Mark 4 corners of bag with straight pins. On top edge of 1 short side, mark a semicircle. Zigzag st by hand, or machine if desired, to reinforce edge. Cut out semicircle.

Binding

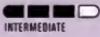
With B and smaller needles, cast on 9 sts.

CONTINUED ON PAGE 97

TAKE YOUR
PAL ALONG
IN THIS
ADORABLE
VEST AND
MATCHING
TOTE.



Winter Warmth

Skill Level  INTERMEDIATE

**Hat
Size**

1 size fits most

**Mittens
Sizes**

Woman's small/medium (medium/large) Instructions are given for smaller size, with larger size in parentheses. When only 1 number is given, it applies to both sizes.

Finished Measurements

Hand circumference: 7½ (9) inches
Length: 9 (10) inches

Materials

- Super bulky weight wool blend yarn* (93 yds/100g per ball); 2 balls side show #10 (MC)
- Bulky weight mohair blend yarn* (164 yds/50g per ball); 1 ball Fazio's mistress #114 (CC)
- Size 9 (5.5mm) 16-inch and double-pointed needles or size needed to obtain gauge
- Stitch markers
- Stitch holders
- 2 (6-inch) strands of smooth, contrasting scrap yarn



*Sample projects were completed with Artful Yarns Circus (95% wool/5% acrylic), and Artful Yarns Portrait (70% mohair/25% viscose/5% polyester) from JCA Inc.



A SNUGGLY HAT AND MATCHING MITTENS ARE GREAT GIFT ITEMS.

Gauge

10 sts and 16 rows = 4 inches/10cm in reverse St st with MC. To save time, take time to check gauge.

Special Abbreviation

Make 1 (M1): Make a backward loop and place on RH needle.

Pattern Notes

Yarn amounts are sufficient to make hat and mittens.

Two strands of CC yarn are held together throughout cuffs.

Hat

With MC and circular needle, cast on 52 sts. Join without twisting, placing marker between first and last st.

Work even in rev St st until hat measures 7 inches from beg, dec 3 sts evenly on last rnd—49 sts. Place marker after every 7th st.

Shape crown

Dec rnd: [Purl to 2 sts before marker, p2tog] 7 times—7 sts dec.

Work 1 rnd even. Rep last 2 rnds

CONTINUED ON PAGE 92

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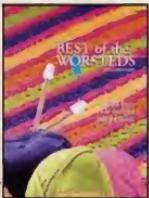
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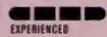
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SUSAN SHILDMYER
FOR CARON INTERNATIONAL

Cables & Lace Tunic

Skill Level  EXPERIENCED

Sizes

Woman's small (medium, large, extra-large, 2X-large) instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 38 (42, 46, 50, 54) inches

Length: 27 (27, 28, 29, 30) inches

Materials

- Worsted weight yarn*
(150 yds/85g per skein): 9 (9, 10, 11, 12) skeins off-white #0002
- Size 6 (4mm) needles
- Size 7 (4.5mm) 16- and 29-inch circular needles or size needed to obtain gauge
- Stitch markers
- Stitch holders
- Cable needle
- Row counter (optional)

*Sample project was completed with Simply Soft Tweed (98% acrylic/2% rayon) from Caron International.



JUST ADD A
SHIRT AND
LEGGINGS FOR
WARMTH ON A
COLD DAY.



SIZED TO
2X

Gauge

25 sts and 24 rows = 4 inches /10cm
in Cable Pat with larger needles.
To save time, take time to
check gauge.

Special Abbreviations

Cable 4 Back (C4B): Sl 2 sts to cn,
hold in back, k2, k2 from cn.

Cable 10 Back (C10B): Sl 5 sts to
cn, hold in back, k5, k5 from cn.

Cable 10 Front (C10F): Sl 5 sts to
cn, hold in front, k5, k5 from cn.

Make 1 (M1): Inc 1 by knitting in
front loop, then back loop of same st.

Place marker (pm): Place marker
on needle.

Twist 3 Back (T3B): Sl 1 st to cn,
hold in back, k2, p1 from cn.

Twist 3 Front (T3F): Sl 2 st to cn,
hold in front, p1 st, k2 from cn.

Pattern Stitches

Lace Rib (multiple of 5 sts + 2;
worked in rows)

Rows 1 and 3 (WS): K1, *k1, p3, k1;
rep from * to last st, end k1.

Row 2: *P1, k1, yo, ssk, p1; rep
from * to last st, end p1.

Row 4: P1, *p1, k2tog, yo, k1, p1; rep
from * to last st, end p1.

Rep Rows 1-4 for pat.

Lace Rib (multiple of 5 sts; worked
in rnds)

Rnds 1 and 3: *P1, k3, p1; rep from
* around.

Rnd 2: *P1, k1, yo, ssk, p1; rep from
* around.

Rnd 4: *P1, k2tog, yo, k1, p1; rep
from * around.

Rep Rnds 1-4 for pat.

Pattern Notes

Center front panel is worked first,
using set-up row given for all sizes.
Back and sides are worked in 1
piece to underarms, then divided for
back and side-fronts and worked to
shoulders; use set-up rows indicated

for desired size. Center back pat is
worked same as center front panel.

Circular needle is used to
accommodate large number of
stitches. Do not join; work back and
forth in rows except for armbands.

Designer recommends placing
markers between pats to make it
easier to keep track.

Center Front Panel

With larger needle, cast on 62 (72, 72,
72, 82) sts. Beg with a WS row, work
even in Lace Rib pat in rows until
panel measures 6 (6, 6, 7, 7) inches
from beg, ending with Row 1 of pat.

Set-up row (RS): P3, pm; p2, C4B,
p2, pm; work established Lace Rib pat
across 10 (15, 15, 15, 20) sts, pm; M1,
k20, M1, pm; work established Lace
Rib pat across 10 (15, 15, 15, 20) sts,
pm; p2, C4B, p2, pm; p3—64 (74, 74,
74, 84) sts.

CONTINUED ON PAGE 93

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Design by
ELLEN EDWARDS DRESHLER

Quick & Easy Afghan



Skill Level **EASY**

Finished Size

45 inches long x 56 inches wide

Materials

- Bulky weight yarn* (110 yds/100g per skein): 16 skeins green #1285
- Size 10½ (6.5mm) circular needle or size needed to obtain gauge
- Stitch markers



*Sample project was completed with Baby Alpaca Grande (100% alpaca) from Plymouth Yarn Co.

KNIT THIS THROW
QUICKLY TO GIFT OR
KEEP; THE PATTERN IS
EASY TO MEMORIZE!

CONTINUED ON PAGE 79

Waffle Stitch

Spa Cloth & Soap Sack

Skill Level 

Finished Sizes

Spa Cloth: Approx 8 inches square**Soap Sack:** Approx 3 inches x 4 inches

Materials

- Worsted weight yarn* (120 yds/70g per ball): 1 ball light blue #00026 or worsted weight yarn* (95 yds/56g per ball): 1 ball sunny sky #02214
- Size 7 (4.25mm) needles or size needed to obtain gauge



*Sample projects were completed with Sugar'n Cream (100% cotton) from Lily.

CONTINUED ON PAGE 86



Zippy Jacket

WEAR THIS ZIPPERED JACKET AT THE OFFICE AND ON THE WEEKENDS FOR RUNNING ERRANDS.

Skill Level  INTERMEDIATE

Sizes

Youth's 12 (youth's 14, adult's small, medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 31 1/4 (32 1/4, 35 1/4, 39 1/4, 43 1/4, 47 1/4, 51 1/4) inches

Length: 17 1/2 (19 1/2, 21 1/2, 23 1/2, 24 1/2, 25, 26 1/2) inches

Materials

- Aran weight yarn* (109 yds/50g per ball): 6 (7, 8, 10, 12, 13, 15) balls blue #5317 (A), 1 ball turquoise #5324 (B)
- Size 7 (4.5mm) needles
- Size 8 (5mm) needles or size needed to obtain gauge
- Stitch markers
- Stitch holders
- Separating zipper 20 (22, 24, 26, 27, 28, 29) inches long
- Sewing needle and thread to match A



*Sample project was completed with Plymouth Tweed (100% virgin lamb's wool) from Plymouth Yarn Co.

Gauge

16 sts and 27 rows = 4 inches/10cm in St st with larger needles. To save time, take time to check gauge.

Pattern Stitch

Cartridge Rib (multiple of 4 sts + 1)

Row 1: *P1, k3; rep from * to last st, end p1.

Row 2: K2, *p1, k3; rep from * across.

Rows 3-6: [Rep Rows 1 and 2] twice.

Row 7: Rep Row 2.

Row 8: Rep Row 1.

Rows 9-12: [Rep Rows 7 and

8] twice.

Rep Rows 1-12 for pat.

Pattern Notes

Back and fronts are knitted and joined at the shoulders with a 3-needle bind-off. Sleeve stitches are then picked up along armhole edge and knit from shoulder to cuff.

If unable to find exact zipper length needed, a longer zipper may be used, then folded over and secured at the top to achieve desired length.

Back

With B and smaller needles, cast on 61 (65, 69, 77, 85, 93, 101) sts. Change to A and work in Cartridge Rib pat for 12 rows.

Change to larger needles and work even in St st until back measures 10 1/2 (12, 13 1/2, 14 1/2, 15, 15, 15) inches, ending with a WS row.

Shape armholes

Bind off 4 (5, 6, 7, 8, 9, 10) sts at beg of next 2 rows—53 (55, 57, 63, 69, 75, 81) sts rem. Work even in St st until back measures 11 1/2 (13, 14 1/2, 15 1/2, 16, 16 1/2, 17) inches, ending with a WS row.

Resume Cartridge Rib pat and work even until back measures 17 1/2 (19 1/2, 21 1/2, 23 1/2, 24 1/2, 25, 26 1/2) inches. Sl sts to holder.

Left Front

With B and smaller needles, cast on 33 (33, 37, 41, 45, 49, 53) sts. Change to A and work in Cartridge Rib pat for 12 rows, ending with a WS row.

Change to larger needles, work in St st to last 5 sts, place marker, work last 5 sts in Cartridge Rib pat (front edge).

Work in St st, maintaining Cartridge Rib pat across last 5 sts until front measures 10 1/2 (12, 13 1/2, 14 1/2, 15, 15, 15) inches, ending with a WS row.

Shape armhole

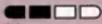
Bind off 4 (5, 6, 7, 8, 9, 10) sts at beg

CONTINUED ON PAGE 96

SIZED TO
2X



Quick Cowled Tunic

Skill Level 

Sizes

Woman's small (medium, large, extra-large, 2X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 47½ (52½, 57½, 60, 65) inches

Length: 24 (24½, 25, 25½, 26) inches

Materials

- Worsted weight yarn* (150 yds/85g per skein): 7 (7, 8, 8, 9) skeins dark moss #0006
- Size 8 (5mm) needles or size needed to obtain gauge
- Stitch markers
- Row counter (optional)

*Sample project was completed with Simply Soft Shadows (100% acrylic) from Caron International.



Gauge

17 sts and 23 rows = 4 inches/10cm in St st.

To save time, take time to check gauge.

Pattern Stitch

Garter Ridge (any number of sts)

Row 1 (RS): Knit across.

Row 2: K10 (lower-edge band; keep in garter st), place marker, purl to end.

Rows 3–6: Rep Rows 1 and 2, sl marker.

HERE'S A FLATTERING TUNIC TO KNIT FROM SIDE-TO-SIDE; ADD THE COWL FOR DRAMA.

Rows 7 and 8: Knit across (1 garter ridge made).

Rep Rows 1–8 for pat.

Pattern Notes

Vest is worked side to side; lower edge (10 sts) is worked in garter st throughout; neck edge (5 sts) is worked in garter st in neck area only.

Cowl is worked separately, and may be kept detachable, or sewn along garter-st neck edging.

Vest is designed to be oversized; choose size accordingly.

Back/Front

Make 2 alike

Beg at side edge, cast on 104 (106, 109, 113, 116) sts.

(RS) Beg garter st; knit 2 rows (1 garter ridge made).

First shoulder

(RS) Change to Garter Ridge pat, [work Rows 1–8] 6 (7, 8, 8, 9) times—50 (58, 66, 66, 74) rows total from beg.

Neck edging

Work in established Garter Ridge pat, working last 5 sts of WS rows in garter st. [Work Rows 1–8] 7 (7, 7, 8, 8) times, keeping 10 sts at lower edge and 5 sts at neck edge in garter st.

Second shoulder

Discontinue garter st at neck edge, [work Rows 1–8] 6 (7, 8, 8, 9) times. Knit 1 row. Bind off all sts.

Cowl

Cast on 28 sts.

Row 1: Knit across.

Row 2: K4 (keep in garter st), place marker, purl to end.

Rows 3–6: Rep Rows 1 and 2, sl marker.

Rows 7 and 8: Knit across (1 garter ridge).

Rep Rows 1–8 until piece measures 25 (25, 25, 26, 26) inches from beg.

Bind off all sts. Join cast-on and bind-off edges to form a tube.

Assembly

Block pieces lightly to measurements, being careful not to flatten texture. Sew shoulder seams.

Armpoles

Place marker 12 (12½, 12½, 13, 13) inches from lower edge on each side; sew side seams between lower edge and markers, leaving rem edge open for armhole.

Sew garter-st edge of cowl to neck edge, if desired. ■

SIZED TO
2X



Pearl Pink Sleeveless Vest

SOFT AND GENTLE PATTERNS
COMBINE IN A WARM VEST TO LAYER.

Gauge

14 sts and 20 rows = 4 inches/10cm
in pat with smaller needles.
To save time, take time to
check gauge.

Skill Level  **EASY**

Size

Woman's small (medium, large, extra-large, 2X-large, 3X-large) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 38 (42, 46, 50, 54, 58) inches
Length: 22½ (23½, 23½, 26, 26, 27½) inches

Materials

- Bulky weight yarn* (120 yds/100g per ball): 5 (6, 8, 10, 12, 14) balls peony #93420
- Size 9 (5.5mm) needles or size needed to obtain gauge
- Size 10 (6mm) double-pointed or 16-inch circular needles
- Stitch markers
- Stitch holder



*Sample project was completed with Alpaca (70 percent acrylic/30 percent alpaca) from Bernat.

Pattern Stitches

Patterned Rib (multiple of 4 sts)

Note: Pat st includes 1 edge st at each side.

Row 1 (RS): K1, purl to last st, end k1.

Row 2: Knit across.

Row 3: K1, *k2, p2; rep from * to last 3 sts, end k3.

Row 4: K1, p2, *k2, p2; rep from * to last st, end k1.

Rep Rows 1-4 for pat.

Tile (multiple of 12 sts + edge sts)

Rows 1 and 3 (RS): K4 (2, 5, 3, 6, 4), *p2, k2, p2; rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Row 2 and all WS rows: K1, purl to last st, k1.

Row 5: K4 (2, 5, 3, 6, 4), *k2, p1, k6, p1, k2, rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Row 7: K4 (2, 5, 3, 6, 4), *k3, p1, k4, p1, k3; rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Rows 9 and 11: K4 (2, 5, 3, 6, 4), *k4, p4, k4; rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Row 13: K4 (2, 5, 3, 6, 4), *k3, p1, k4, p1, k3; rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Row 15: K4 (2, 5, 3, 6, 4), *k2, p1, k6, p1, k2; rep from * to last 4 (2, 5, 3, 6, 4) sts, end k4 (2, 5, 3, 6, 4).

Row 16: K1, purl to last st, k1.

Rep Rows 1-16 for pat.

Neckband/Armband Pat (multiple of 4 sts)

Rnds 1 and 2: Purl around.

Rnds 3 and 4: *K2, p2; rep from * around.

Rnds 5 and 6: Purl around.

Back

With smaller needles, cast on 68 (76, 80, 88, 96, 104) sts. Purl 1 row.

Beg Patterned Rib pat and work until back measures 3½ (4½, 4½, 4½, 4½, 6) inches, ending with Row 4.

Beg Tile pat and work until back measures 15½ (15½, 16, 17, 17, 17½) inches. Place marker on each side of center 36 (48, 48, 48, 60, 60) sts.

Shape armholes

Maintaining established pat between markers and working rem sts in St st, at beg of row, bind off [6 (6, 6, 7, 8, 9) sts] twice, then dec 1 st at each edge [every other row] 6 (7, 7, 8, 9, 10) times—44 (50, 54, 58, 62, 66) sts.

Continue to work in pat until back measures 22½ (23, 23½, 25, 26, 27½) inches from beg, ending with a WS row. Place sts on a holder.

Front

Work as for back until front measures 20 (20½, 21, 21½, 22½, 24) inches from beg, ending with a WS row.

Shape neck

Work across first 8 (10, 11, 11, 12, 13) sts; join 2nd ball of yarn and bind off center 20 (22, 24, 28, 28, 30) sts; complete row in established pat.

Working both sides at once with separate balls of yarn, dec 1 st at each neck edge [every row] 4 (4, 4, 5, 5) times—8 (10, 11, 11, 12, 13) sts rem each side.

Work even until front measures same as back to shoulders.

Assembly

Bind off front and back shoulders, using 3-Needle Bind Off, page 68.

Neckband

With larger circular needle or dpn, pick up and knit 68 (72, 76, 84, 84, 88) sts around neck edge.

Work Rnds 1–6 of Neckband pat.

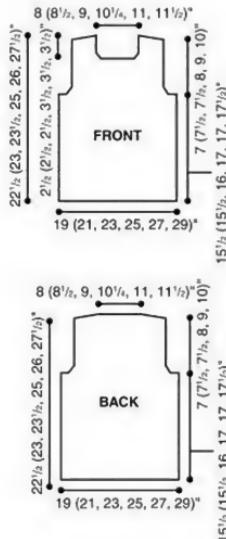
Bind off in pat.

Sew front and back tog at sides.

Armbands

With larger circular needle or dpn, pick up and knit 48 (48, 52, 56, 64, 68) sts. Complete as for neckband.

Steam block lightly. ■



Alphabet Blocks

Skill Level  **EASY**

Finished Size

5-inch cube

Materials

- Worsted weight yarn* (241 yds/100g per ball): 1 ball each white #00001 (A), navy #00034 (B), cardinal #00005 (C), school bus yellow #00432 (D), really green #10708 (E)
- Size 6 (4mm) double-pointed needles (2 for I-cord)
- Size 9 (5.5mm) needles or size needed to obtain gauge
- Approx 2½ oz polyester fiberfill per block

*Sample project was completed with Canadiana (100% acrylic) from Patons.



Gauge

16 sts and 14 ridges = 4 inches/10cm in twisted garter st with larger needles.

To save time, take time to check gauge.

Pattern Note

Twisted garter stitch is worked by knitting in the back of each stitch throughout. It forms a denser fabric that covers the fiberfill better.

Special Technique

I-Cord

With dpn, cast on 4 sts, do not turn, *sl1 sts to other end of needle, pull yarn across back, k4, rep from * until cord is desired length. To end, cut yarn, leaving a 3-inch tail, pull end through sts.

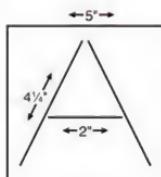


FIG. 1

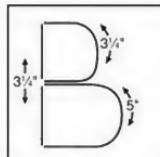


FIG. 2

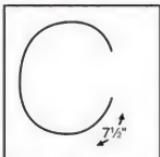


FIG. 3

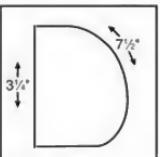


FIG. 4

Block

With larger needles and B, cast on 21 sts. Work in twisted garter st for 32 rows—16 ridges. Continuing in twisted garter st, knit 2 rows A, 32 rows C, 2 rows A, 32 rows D, 2 rows A, 32 rows E, 2 rows A. Bind off with A.

With A, RS facing, along 1 long side of strip just made, pick up and knit 21 sts in each color block—84 sts.

Turn and bind off purrlwise. Rep on other long side of strip. Sew cast-on edge to short bound-off edge to form 4-sided tube.

Sides

Make 2

With A, cast on 21 sts. Work in twisted garter st for 32 rows—16 ridges.

Bind off all sts.

Sew 1 A square to end of tube as follows: Place sts underneath and on inside of bound-off edges at sides of tube, so that knit chain formed when binding off is visible at outside edge of cube. Do not sew 2nd square to block yet.

Letters

Note: When casting on for I-cord, leave long enough tail to sew letter to cube. To sew letters to cube, pin in place following charts and sew through center of cord with a running st. Bring needle up from back of work through 1 row of cord and back down through very next row. Skip 2 rows before coming back up again. This will be virtually invisible in finished block.

Letter A: With C, make 2 lengths of I-cord each 4½ inches long, and 1 length 2 inches long. Sew to A side of block.

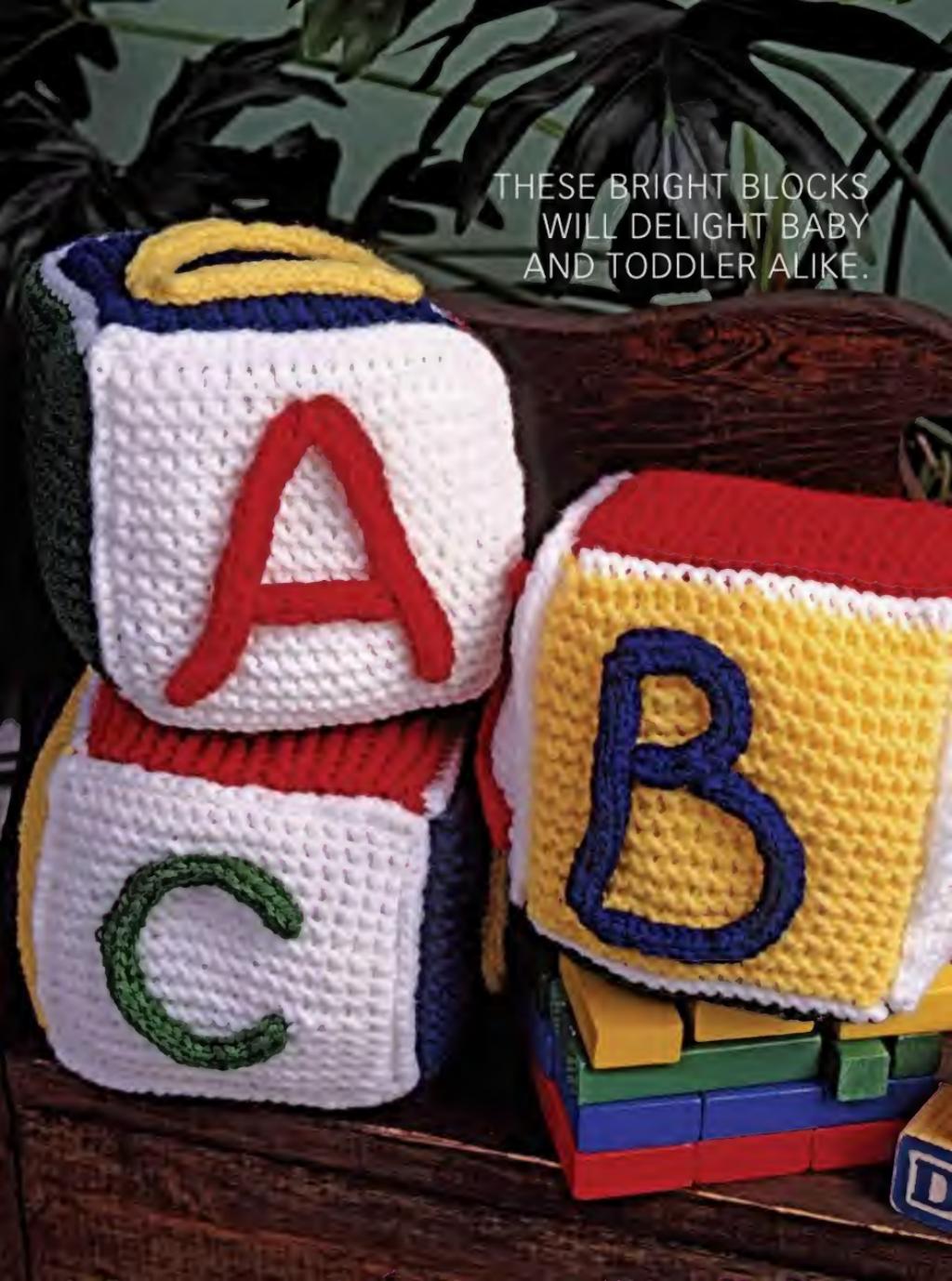
Letter B: With B, make 2 lengths of I-cord each 3¾ inches long, and 1 length 5 inches long. Sew to D side of block.

Letter C: With E, make 1 length of I-cord 7½ inches long. Sew to A side of block.

Letter D: With D, make 1 length of I-cord 3½ inches long, and 1 length 7½ inches long. Sew to B side of block.

Finishing

Sew all rem seams except 1. Stuff with fiberfill and sew last seam. ■



THESE BRIGHT BLOCKS
WILL DELIGHT BABY
AND TODDLER ALIKE.

Key Lime Baby Blanket

GARTER STITCH PLUS
MINI CABLES MAKE THIS A
REVERSIBLE DELIGHT TO KNIT!

SKILL LEVEL 

FINISHED SIZE

Approx 30 x 34 inches

Materials

- Worsted weight yarn* (207 yds/100g per ball): 3 balls each lime #194 (A), almond #099 (B)
- Size 7 (4.5mm) 24-inch circular needle or size needed to obtain gauge
- Size G/6 (4mm) crochet hook

*Sample project was completed with Cotton Ease (50% cotton/50% acrylic) from Lion Brand Yarn Co.



Gauge

19 sts and 42 rows = 4 inches/10cm in pat.

To save time, take time to check gauge.

Special Abbreviations

Make 1 (M1): Inc by k1 in back of strand between st just worked and next st on LH needle.

SI 2 wyif: Slip 2 sts purlwise with yarn in front.

SI 2 wyib: Slip 2 sts purlwise with yarn in back.

Left Twist (LT): With tip of right needle, skip first st on LH needle and knit into front of 2nd st, leaving st on needle; knit first st on LH needle and drop both sts off LH needle tog.

Pattern Stitch

Twist (multiple of 10 sts)

Row 1: With A, p3, [sl 2 wyif, sl 2 wyib, p6] 14 times, sl 2 wyif, sl 2 wyib, p3.

Row 2: With A, k3, [sl 2 wyif, sl 2 wyib, k6] 14 times, sl 2 wyif, sl 2 wyib, p3.

Row 3: With B, k3, [p2, LT, k6] 14 times, p2, LT, k3.

Row 4: With B, p5, [LT, p8] 14 times, LT, p3.

Rep Rows 1-4 for pat.

Special Technique

Crochet cast on: Make a slip-knot loop on crochet hook. Holding knitting needle and working yarn in left hand and crochet hook in right hand, bring working yarn under knitting needle. *With crochet hook, reach over needle and pull a loop through the loop on the crochet hook. Bring

yarn back between needle and crochet hook, under needle, and rep from * until you have 1 less than the desired number of sts. Place loop from crochet hook onto needle.

Pattern Notes

Blanket is worked back and forth on circular needle to accommodate large number of stitches.

Carry color not in use up the side of the work.

Blanket

With crochet hook and A, crochet cast on 135 sts. Knit 9 rows.

Inc row: K4, [M1, k9] 14 times, M1, k5—150 sts.

Set up pat

Row 1: With B, k3, [p2, k8] 14 times, p2, k5.

Row 2: With B, p5, [k2, p8] 14 times, k2, p3.

Work Rows 1-4 of Twist pat until blanket measures approx 32½ inches, ending with Row 4. Cut B.

With A, k5 [k2tog, k8] 14 times, k2tog, k3—135 sts.

Knit 9 rows. Bind off. Block to measurements. ■



Little Sweetheart Set

Skill Level  INTERMEDIATE

Sweater Sizes

Girl's 4 (6, 8, 10) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements

Chest: 27½ (29½, 31½, 33½) inches

Length: 15 (16, 17½, 19) inches

Hat Size

fits girl's 4–10

Finished Measurement

Circumference: Approx 20 inches

Scarf Size

Approx 4½ x 40 inches

Materials

- Worsted weight yarn* (315 yds/170g per skein): 4 (4, 4, 5) skeins coconut #9601 (MC), 2 skein each grape #9610 (A), blue mint #9608 (B), berry blue #9609 (C), watermelon #9604 (D)
- Size 8 (5mm) needles or size needed to obtain gauge
- Stitch holders
- Embellish Knit*
- Sewing needle and thread

*Sample project was completed with Simply Soft Brites (100% acrylic) from Caron International and Embellish Knit from Bond America.



Gauge

18 sts and 24 rows = 4 inches/10cm in St st.

To save time, take time to check gauge.

Pattern Notes

Yarn amounts given are sufficient for 3-piece set.

Center pattern when working from chart on page 65.

Sweater

Back

With A, cast on 64 (68, 74, 77) sts. In garter st, work 2 rows A, 2 rows B, 2 rows C.

Change to MC and St st and work 2 rows.

Next 3 rows: Work Rows 9–11 of Chart A.

Continuing with MC only work even in St st until back measures 8½ (9, 9½, 10) inches from beg, ending with a WS row.

Shape armholes

Bind off 4 sts beg of next 2 rows—56, (60, 66, 69) sts.

Continuing in St st, work 2 rows A, 2 rows B, 2 rows C and 2 rows MC.

YOU'LL NEVER USE MORE THAN TWO COLORS IN EACH ROW OF THIS SWEET ENSEMBLE FOR GIRLS.

Beg on next row, work Rows 29–34 of Chart A until armhole measures 6½ (7, 8, 9) inches.

At beg of next 2 rows, bind off 15 (17, 20, 20) sts. Place rem 26 (26, 26, 29) sts on holder for back neck.





Front

Work as for back until front measures $8\frac{1}{2}$ (9, $9\frac{1}{2}$, 10) inches from beg, ending with a WS row.

Shape armholes

Bind off 4 sts beg of next 2 rows—56 (60, 66, 69) sts.

Change to A, work Rows 1–34 of Chart A, then rep Rows 29–34 for rem of front, and at the same time, when armhole measures 4 (4 $\frac{1}{2}$, 5 $\frac{1}{2}$, 6) inches, shape neck by working 21 (23, 26, 28) sts, place center 14 (14, 14, 13) sts on a holder; attach 2nd skein and work to end.

Working both sides at once, at each neck edge, dec 1 st [every row] 6 (6, 6, 8) times—15 (17, 20, 20) sts.

Work even until front measures same as back. Bind off rem sts.

Sleeves

With A, cast on 36 (38, 42, 40) sts. In garter st, work 2 rows A, 2 rows B, 2 rows C.

Change to MC and work in St st, inc 1 st at each edge [every 4th row] 13 (7, 3, 9) times, then [every 0 (5th, 5th, 5th) row] 0 (7, 12, 9) times—62 (66, 72, 76) sts.

Continue to work even until sleeve measures 11 (13, 14 $\frac{1}{2}$, 16) sts. Bind off all sts.

Assembly

Sew left shoulder seam.

Collar

With MC and RS facing, knit 26 (26, 26, 29) sts from back neck holder, pick up and knit 14 (14, 14, 17) sts along left front neck edge, knit 14 (14, 14, 13) sts from front neck holder, pick up and knit 14 (14, 14, 17) sts along right front neck edge—68 (68, 68, 76) sts.

Work in St st for 2 $\frac{1}{2}$ inches. Bind off loosely.

Block pieces to measurements.

Sew sleeves in place. Sew side and sleeve seams. Sew collar seam and let roll to outside.

Scarf

With MC, cast on 41 sts. Work 12 rows in St st.

Work Rows 1-18 from Chart B, centering design.

Change to MC and work in St st until scarf measures approx 35 inches from beg.

Work Rows 1-18 from Chart B, centering design.

With MC, work 12 rows in St st. Bind off all sts.

Assembly

Sew edges tog, fold with seam down center back.

With Embellish Knit and D, make two 6-inch cords. Referring to photo, shape each into a heart; tack in place, centered under pat. Gather ends of scarf and secure. Add multi-colored tassels.

Hat

With MC, cast on 91 sts. Work 2 rows in St st.

Rows 1-22: [Rep Rows 1-4] from Chart C, ending with Row 2.

Change to MC and work in St st until hat measures 12 inches from beg, ending with a WS row.

Next row (RS): Knit, dec 15 sts evenly across—76 sts.

Continue to work in St st until hat measures 14 inches from beg, ending with a WS row.

Eyelet row (RS):

*K4, k2tog, yo; rep from *, end k4.

Next row (WS): Purl, working each yo as a st.

Continuing in St st, work 2 rows A, 2 rows B and 2 rows C. Bind off all sts.

Tip Off

PomPoms and tassels add a fun touch to this hat and scarf. See page 68 for details.

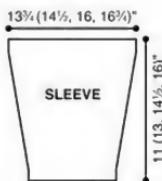
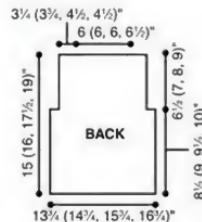
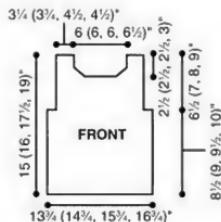
Assembly

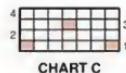
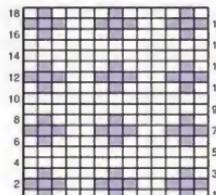
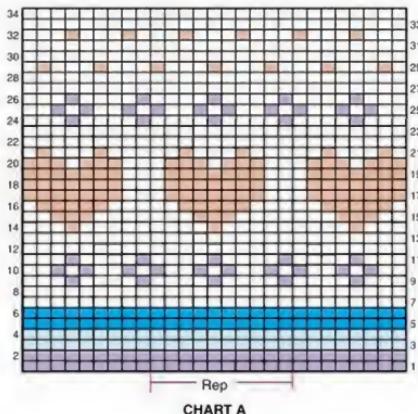
Turn hem to inside at last color pat row, sew in place; sew center back seam.

With Embellish Knit and MC, make a 30-inch (extra length allowed to unravel to desired length) cord and weave it through eyelets. Make a

multicolored pompon and attach to 1 end of cord.

With Embellish Knit and D, make a 5½-inch cord and a 6-inch cord. Referring to photo, shape into a double heart and sew tog to maintain shape. Attach to other end of cord. Gather up top of hat with cord and tie into bow. Fold up bottom hem. ■





STITCH KEY	
□	Coconut (MC)
■	Grape (A)
■	Blue mint (B)
■	Berry blue (C)
■	Watermelon (D)

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carolmorgain@earthlink.net

JANUARY 2009 CreativeKnittingMagazine.com 65

ONE BALL WILL MAKE BOTH THESE SWEET ITEMS FOR A SHOWER GIFT IN A HURRY.

Skill Level 

EASY

Materials

- Worsted weight yarn* (122 yds/2.5 oz per ball); 1 ball spring meadows #173
- Size 10 (6mm) needles



*Sample projects were completed with Peaches & Crème (100% cotton) from Pisgah Yarn And Dyeing Co. Inc.

Gauge

16 sts = 4 inches/10cm in garter st.
To save time, take time to
check gauge.

Bib

Cast on 4 sts.

Row 1: Knit across.

Row 2: K2, yo, knit to end.

Rep Row 2 until there are 46 sts
on needle.

Dec row: K1, k2tog, yo, k2tog, knit
to end.

Rep dec row until 40 sts rem.

Neck opening

Row 1: K1, k2tog, yo, k2tog, k5, bind
off next 22 sts, knit to end.

Row 2: K1, k2tog, yo, k2tog, k4, cast
on 22 sts over bound-off sts on last
row, knit to end—38 sts.



Pullover Baby Bib & Washcloth

Row 3: K1, k2tog, yo, k2tog, knit to
end—37 sts.

Row 4: K1, k2tog, yo, k2tog, knit to
end—36 sts.

Rep Row 4 until 24 sts rem.

Last row: K2tog, bind off to last 2
sts, k2tog, bind off last st. Fasten off.

Row 2: K2, yo, knit to end.

Rep Row 2 until there are 30 sts
on needle.

Dec row: K1, k2tog, yo, k2tog, knit
to end.

Rep dec row until 4 sts rem.

Last row: K2tog, bind off to last
2 sts, k2tog, bind off last st.
Fasten off. ■

Washcloth

Cast on 4 sts.

Row 1: Knit across.

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Look here for added information on techniques used in this issue.

Pompoms

Cut two cardboard circles in size specified in pattern. Cut a hole in the center of each circle, about $\frac{1}{2}$ inch in diameter. Thread a tapestry needle with a length of yarn doubled. Holding both circles together, insert needle through center hole, over the outside edge, through center again (Fig. 1) until entire circle is covered and center hole is filled (thread more length of yarn as needed).

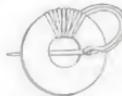


Fig. 1

With sharp scissors, cut yarn between the two circles all around the circumference (Fig. 2).



Fig. 2

Using two 12-inch strands of yarn, slip yarn between circles and overlap yarn ends two or three times (Fig. 3) to prevent knot from slipping, pull tightly and tie into a firm knot. Remove cardboard and fluff out pompon by rolling it between your hands. Trim even with scissors, leaving tying ends for attaching pompon to project.

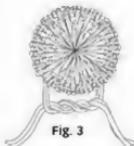
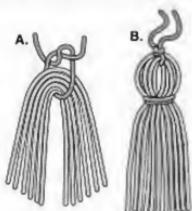


Fig. 3

Tassel

Wrap yarn around a card to desired length, cut one end and tie securely in middle. Tie again around all yarn below first tie.



Zipper How-To

Zipppers can easily be added to a knit garment. Different weights of garments need different-weight zippers. Heavy separating zippers are used on jackets and cardigans, while regular dressmaking zippers are used for neck or skirt openings.

The zipper should be sewn in by hand using a backstitch through both the zipper and knit piece.

To add a zipper, place the knit edges over the zipper so the zipper teeth are



covered and the seam is centered over the zipper. From the right side, pin in place.

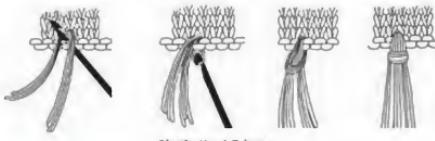
On the wrong side tack the edges of the zipper to the garment.

Turn to the right side and backstitch the zipper in place.



Fringe

Cut a piece of cardboard half as long as specified in instructions for length of strands plus $\frac{1}{2}$ inch for trimming. Wind yarn loosely and evenly around cardboard. When cardboard is filled, cut yarn across one end. Do this several times, then begin fringing. Wind additional strands as necessary.



Single-Knot Fringe

Single-Knot Fringe

Hold specified number of strands for one knot together, fold in half. Hold project to be fringed with right side facing you. Use crochet hook to draw folded end through space or stitch indicated from right to wrong side.

Pull loose ends through folded section. Draw knot up firmly. Space knots as indicated in pattern instructions.

3-Needle Bind-Off

Use this technique for seaming two edges together, such as when joining a shoulder seam. Hold the edge stitches on two separate needles with right sides together.

With a third needle, knit together a stitch from the front needle with one from the back.

Repeat, knitting a stitch from the front needle with one from the back once more.

Slip the first stitch over the second.

Repeat, knitting a front and back pair of stitches together, then bind one off.



Creative Knitting magazine is available at these fine stores.

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We've included the basics here for your reference.

Cast On

Leaving an end about an inch long for each stitch to be cast on, make a slip knot on the right needle.

Place the thumb and index finger of your left hand between the yarn ends with the long yarn end over your thumb, and the strand from the skein over your index finger. Close your other fingers over the strands to hold them against your palm. Spread your thumb and index fingers apart and draw the yarn into a "V."



Place the needle in front of the strand around your thumb and bring it underneath this strand. Carry the needle over and under the strand on your index finger.

Draw through loop on thumb.

Drop the loop from your thumb and draw up the strand to form a stitch on the needle.

Repeat until you have cast on the number of stitches indicated in the pattern. Remember to count the beginning slip knot as a stitch.

Cable Cast On

This type of cast on is used when adding stitches in the middle or at the end of a row.

Make a slip knot on the left needle. Knit a stitch in this knot and place it on the left needle. Insert the right needle between the last two stitches on the left needle. Knit a stitch and place it on the left needle. Repeat for each stitch needed.



Knit (k)

Insert tip of right needle from front to back in next stitch on left needle.

Bring yarn under and over the tip of the right needle.



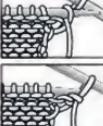
Pull yarn loop through the stitch with right needle point.

Slide the stitch off the left needle. The new stitch is on the right needle.



Purl (p)

With yarn in front, insert tip of right needle from back to front through next stitch on the left needle. Bring yarn around the right needle counterclockwise. With right needle, draw yarn back through the stitch.



Slide the stitch off the left needle. The new stitch is on the right needle.



the usual manner, but don't remove the stitch from the left needle. Place right needle behind left needle and knit again into the back of the same stitch. Slip original stitch off left needle.

Increase (purl)

Purl the next stitch in the usual manner, but don't remove the stitch from the left needle. Place right needle behind left needle and purl again into the back of the same stitch. Slip original stitch off left needle.

Invisible Increase (M1)

There are several ways to make or increase one stitch.

Make 1 with Left Twist (M1L)

Insert left needle from front to back under the horizontal loop between the last stitch worked and next stitch on left needle.



With right needle, knit into the back of this loop.

To make this increase on the purl side, insert left needle in same manner and purl into the back of the loop.

Make 1 with Right Twist (M1R)

Insert left needle from back to front under the horizontal loop between the last stitch worked and next stitch on left needle.



With right needle, knit into the front of this loop.

To make this increase on the purl side, insert left needle in same manner and purl into the front of the loop.

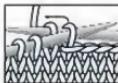
Make 1 with Backward Loop over the right needle

With your thumb, make a loop over the right needle.

Bind-Off

Binding off (knit)

Knit first two stitches on left needle. Insert tip of left needle into first stitch worked on right needle and pull it over the second stitch and completely off the needle.



Knit the next stitch and repeat. When one stitch remains on right needle, cut yarn and draw tail through last stitch to fasten off.



Binding off (purl)

Purl first two stitches on left needle. Insert tip of left needle into first stitch worked on right needle and pull it over the second stitch and completely off the needle.

Purl the next stitch and repeat. When one stitch remains on right needle, cut yarn and draw tail through last stitch to fasten off.



Increase (inc)

Two stitches in one stitch

Increase (knit)

Knit the next stitch in



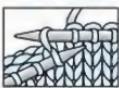


Slip the loop from your thumb onto the needle and pull to tighten.

Make 1 in top of stitch below

Insert tip of right needle into the stitch on left needle one row below.

Knit this stitch, then knit the stitch on the left needle.



Decrease (dec)

Knit 2 together (k2tog)

Put tip of right needle through next two stitches on left needle as to knit. Knit these two stitches as one.

Purl 2 together (p2tog)

Put tip of right needle through next two stitches on left needle as to purl. Purl these two stitches as one.



Slip, Slip, Knit (ssk)

Slip next two stitches, one at a time, as to knit from left needle to right needle.

Insert left needle in front of both stitches and work off needle together.



Slip, Slip, Purl (ssp)

Slip next two stitches, one at a time, as to knit from left needle to right needle. Slip these stitches back onto left needle keeping them twisted. Purl these two stitches together through back loops.



Standard Abbreviations

[] work instructions within brackets as many times as directed

() work instructions within parentheses in the place directed

** repeat instructions following the asterisks as directed

* repeat instructions following the single asterisk as directed

" inch(es)

approx approximately

beg begin/beginning

CC contrasting color

ch chain stitch

cm centimeter(s)

cn cable needle

dec decrease/decreases/ decreasing

dpm(s) double-pointed needle(s)

g gram

inc increase/increases/increase-

ing

k knit

k2tog knit 2 stitches together

LH left hand

lp(s) loop(s)

m meter(s)

MC main color

mm millimeter(s)

oz ounce(s)

p purl

pat(s) pattern(s)

p2tog purl 2 stitches together

pss0 pass slipped

stitch over

p2sso pass 2 slipped

stitches over

rem remain/remaining

rep repeat(s)

rev St st reverse

stockinette stitch

RH right hand

rnd(s) rounds

RS right side

skp slip, knit pass stitch

over—one stitch decreased

sk2p slip 1, knit 2 together,

slip 1, purl 2 together—2 stitches have been decreased

sl slip

sl 1K slip 1 knitwise

sl 1P slip 1 purlwise

sl st slip stitch(es)

ssk slip, slip, knit these 2

stitches together—a decrease

st(s) stitch(es)

st st stockinette stitch/

stocking stitch

tbl through back loop(s)

tog together

WS wrong side

wyb with yarn in back

wyif with yarn in front

yds(s) yard(s)

yfwd yarn forward

yo yarn over

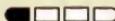
Standard Yarn Weight System

Categories of yarn, gauge ranges, and recommended needle sizes

Yarn Weight Symbol & Category Names	1 SUPER FINE	2 FINE	3 LIGHT	4 MEDIUM	5 BULKY	6 SUPER BULKY
Type of Yarns in Category	Sock, Fingering, Baby	Sport, Baby	DK, Light Worsted	Worsted, Afghan, Aran	Chunky, Craft, Rug	Bulky, Roving
Knit Gauge* Ranges in Stockinette Stitch to 4 inches	21-32 sts	23-26 sts	21-24 sts	16-20 sts	12-15 sts	6-11 sts
Recommended Needle in Metric Size Range	2.25-3.25mm	3.25-3.75mm	3.75-4.5mm	4.5-5.5mm	5.5-8mm	8mm
Recommended Needle U.S. Size Range	1 to 3	3 to 5	5 to 7	7 to 9	9 to 11	11 and larger

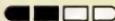
* GUIDELINES ONLY. The above reflect the most commonly used gauges and needle sizes for specific yarn categories.

Skill Levels



BEGINNER

Projects for first-time knitters using basic knit and purl stitches. Minimal shaping.



EASY

Projects using basic stitches, repetitive stitch patterns, simple color changes and simple shaping and finishing.



INTERMEDIATE

Projects with a variety of stitches, such as basic cables and lace, simple intarsia, double-pointed needles and knitting in the round needle techniques, mid-level shaping and finishing.



EXPERIENCED

Projects using advanced techniques and stitches, such as short rows, Fair Isle, more intricate intarsia, cables, lace patterns and numerous color changes.

Basic Stitches

Garter Stitch

On straight needles knit every row. When working in the round on circular or double-pointed needles, knit one round then purl one round.

Stockinette Stitch

On straight needles knit right-side rows and purl wrong-side rows. When working on circular or double-pointed needles, knit all rounds.

Reverse Stockinette Stitch

On straight needles purl right-side rows and knit wrong-side rows. On circular or double-pointed needles, purl all rounds.

Ribbing

Combines knit and purl stitches within a row to give stretch to the garment. Ribbing is most often used for the lower edge of the front and back, the cuffs and neck edge of garments.

The rib pattern is established on the first row. On subsequent rows the knit stitches are knitted and purl stitches are purled to form the ribs.

Reading Pattern Instructions

Before beginning a pattern, look through it to make sure you are familiar with the abbreviations that are used.

Some patterns may be written for more than one size. In this case the smallest size is given first and others are placed in parentheses. When only one number is given, it applies to all sizes.

You may wish to highlight the numbers for the size you are making before beginning. It is also helpful to place a self-sticking note on the pattern to mark any changes made while working the pattern.

Measuring

To measure pieces, lay them flat on a smooth surface. Take the measurement in the middle of the piece. For example, measure the length to the armhole in the center of the front or back piece,

KNITTING NEEDLES CONVERSION CHART

U.S.	0	1	2	3	4	5	6	7	8	9	10	10½	11	13	15
Metric(mm)	2	2½	2½	3½	3½	3½	4	4½	5	5½	6	6½	8	9	10

not along the outer edge where the edges tend to curve or roll.

Gauge

The single most important factor in determining the finished size of a knit item is the gauge. Although not as important for flat, one-piece items, it is important when making a clothing item that needs to fit properly.

It is important to make a stitch-gauge swatch about 4 inches square with recommended patterns and needles before beginning.

Measure the swatch. If the number of stitches and rows are fewer than indicated under "Gauge" in the pattern, your needles are too large. Try another swatch with smaller-size needles. If the number of stitches and rows are more than indicated under "Gauge" in the pattern, your needles are too small. Try another swatch with larger-size needles.

Continue to adjust needles until correct gauge is achieved.

Working From Charts

When working with more than one color in a row, sometimes a chart is provided to follow the pattern. On the chart each square represents one stitch. A key is given indicating the color or stitch represented by each color or symbol in the box.

When working in rows, odd-numbered rows are usually read from right to left, and even-numbered rows from left to right.

Odd-numbered rows represent the right side of the work and are usually knit. Even-numbered rows represent the wrong side and are usually purled.

When working in rounds, every row on the chart is a right-side row, and is read from right to left.

Use of Zero

In patterns that include various sizes, zeros are sometimes necessary. For example, k0 (1) means if you are

making the smallest or middle size, you would do nothing, and if you are making the largest size, you would k1.

Glossary

bind off—used to finish an edge
cast on—process of making foundation stitches used in knitting

decrease—means of reducing the number of stitches in a row

increase—means of adding to the number of stitches in a row

intarsia—method of knitting a multi-colored pattern into the fabric

knitwise—insert needle into stitch as if to knit

make 1—method of increasing using the strand between the last stitch worked and the next stitch

place marker—placing a purchased marker or loop of contrasting yarn onto the needle for ease in working a pattern repeat

purlwise—insert needle into stitch as if to purl

right side—side of garment or piece that will be seen when worn

selvage stitch—edge stitch used to make seaming easier

slip, slip, knit—method of decreasing by moving stitches from left needle to right needle and working them together

slip stitch—an unworked stitch slipped from left needle to right needle, usually as if to purl

wrong side—side that will be inside when garment is worn

work even—continue to work in the pattern as established without working any increases or decreases

work in pattern as established—continue to work following the pattern stitch as it has been set up or established on the needle, working any increases or decreases in such a way that the established pattern remains the same

yarn over—method of increasing by wrapping the yarn over the right needle without working a stitch

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Yarn & Notions Resource Guide

Look for the products used in *Creative Knitting* at your local yarn shops and mail-order sources, or contact the companies listed here.

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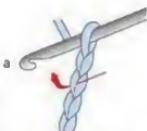
Here are the crochet stitches that are used for the projects in this issue.

Crochet Abbreviations

ch	chain stitch
dc	double crochet
hdc	half double crochet
lp(s)	loop(s)
sc	single crochet
sl st	slip stitch
yo	yarn over

Single Crochet (sc)

Insert the hook in the second chain from the center of the V. Bring the yarn over the hook from back to front.



Draw the yarn through the chain stitch and onto the hook.



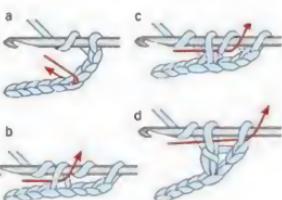
Again bring yarn over the hook from back to front and draw it through both loops on hook.



For additional rows of single crochet, insert the hook under both loops of the previous stitch instead of through the center of the V as when working into the chain stitch.

Double Crochet (dc)

Yo, insert hook in st, yo, pull through st, (yo, pull through 2 lp's) 2 times.

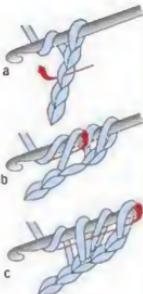


Half-Double Crochet (hdc)

Bring yarn over hook from back to front, insert hook in indicated chain stitch.

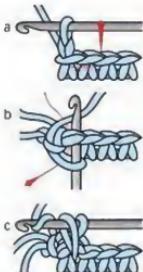
Draw yarn through the chain stitch and onto the hook.

Bring yarn over the hook from back to front and draw it through all three loops on the hook in one motion.



Reverse Single Crochet (reverse sc)

Ch 1 (a). Skip first st. Working from left to right, insert hook in next st from front to back (b), draw up lp on hook, yo, and draw through both lp's on hook (c).



Slip Stitch (sl st)

Insert hook under both loops of the stitch, bring yarn over the hook from back to front and draw it through the stitch and the loop on the hook.



March 2009
Previews

Top with Flair



Lattice Table Runner



AVAILABLE JANUARY 27, 2009

Companies like South West Trading Co. have modeled their entire line around sustainable fibers. While some were experimenting with fiber-based yarn using soy as early as the 1940s, World War II was wreaking havoc with fabric production because so much was needed for the armed forces. South West's Phoenix line was one of the first yarns on the market that was produced without the use of petrochemicals. Soysilk is created from the waste from the loom manufacturing process, and the soy plant grows quickly and safely. Soysilk's success led to the development of other fibers from bamboo, milk and corn, all based on the idea of creating quality yarns from renewable resources.

The best thing about "green" yarns might be their beauty. Many times the

right decision is not always the easy one. What a relief that we can knit with such wonderful yarns and do some good at the same time! "We strive to provide eco-luxury" says Jonelle Raffino, president of South West Trading Co. "Even if you knew nothing about the ecology of these products you would fall in love with them, and it's a step in the right direction."

"Knitters want to be responsible, and they want be conscious, but they also want a quality product that is enjoyable and fun to work with," says Liz Shaw. "It has to come back to that: Knitting is a leisure activity. If it isn't fun, why do you do it?"

Buying responsibly doesn't have to be a bitter pill to swallow. Sometimes knitters are doing good for the planet and don't even know it! ■

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yarn and bind off center 18 sts, work across to end row.

Working both sides at once with separate skeins of yarn, bind off at each neck edge [4 sts] once, [2 sts]

twice, then dec 1 st at each neck edge [every row] 4 times—15 (16, 18, 20, 22) sts rem each side.

Work even, if necessary, until front measures same as back to shoulders. Shape shoulders as for back.

Sleeves

With smaller needles, cast on 66 (66, 66, 66, 74) sts. Beg K2, P2 Rib, and



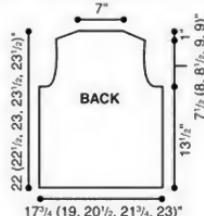
work even until sleeve measures approx 1 1/2 inches from beg, ending with a WS row.

Change to larger needles, beg Slip Stitch pat, and *at the same time*, inc 1 st at each side on next row, then [every 24th (24th, 18th, 8th, 26th) row] 1 (1, 2, 2, 1) more time, then [every 0 (0, 0, 10th, 0) row] 0 (0, 0, 3, 0) times—70 (70, 72, 78, 78) sts.

Work even in pat until sleeve measures approx 7 (7, 7 1/2, 7 1/2, 7 1/2) inches from beg, ending with a WS row.

Shape cap

Bind off 4 (5, 6, 7, 8) sts at beg of next 2 rows, dec 1 st at each side [every 4th row] 2 (5, 7, 7, 8) times, then [every other row] 15 (11, 9, 11,



9) times—28 sts rem.

Work 1 row even. Bind off 3 sts at beg of next 4 rows—16 sts rem.

Bind off rem sts.

Assembly

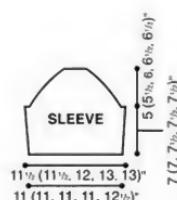
Sew right shoulder seam.

Neckband

With RS facing and smaller needles, pick up and knit 114 sts around neckline. Beg K2, P2 Rib, and work even until neckband measures approx 3 1/2 inches from beg. Bind off loosely in pat.

Sew left shoulder seam, including side of neckband.

Set in sleeves. Sew sleeve and side seams. ■



Shape armhole

At beg of row, bind off 4 (5, 6, 7, 8) sts. Dec 1 st at armhole edge [every RS row] 5 (6, 7, 8, 9) times, then work even on rem 26 (28, 30, 32, 34) sts until front measures 19 (19 1/2, 20, 20 1/2, 21) inches from beg, ending with a WS row.

Shape neck

At beg of RS row, bind off [5 (6, 7, 8, 9) sts] once, [3 sts] once, [2 sts] once,

and [1 st] once. Work even on rem 15 (16, 17, 18, 19) sts until front is same length as back, ending with a WS row. Bind off knitwise.

Left Front

Note: Body pat on front is worked as a multiple of 8 sts + 3. Cast on and work Rib as for right front.

Beg pat

Row 1 (RS): *P4, k4; rep from * to last 3 sts, end p3.

Work in pat as set until front

measures 14 inches from beg, ending with a WS row.

Shape armhole

At beg of row, bind off 4 (5, 6, 7, 8) sts. Dec 1 st at armhole edge [every RS row] 5 (6, 7, 8, 9) times, then work even on rem 26 (28, 30, 32, 34) sts until front measures 19 (19 1/2, 20, 20 1/2, 21) inches from beg, ending with a RS row.

Shape neck

At beg of WS row, bind off [5 (6, 7, 8, 9) sts] once, [3 sts] once, [2 sts] once,

and [1 st] once. Work even on rem 15 (16, 17, 18, 19) sts until front is same length as back, ending with a WS row. Bind off knitwise.

Sleeves

With size 7 needles, cast on 39 (41, 43, 45, 47) sts. Work even in K1, P1

Rib until sleeve measures 3 inches from beg, ending with a WS row.

Beg with a knit row, work even in St st until sleeve measures 9 1/2 (8 1/2, 5 1/2, 4 1/2) inches from beg, ending with a WS row.

Next row: Inc 1 st at each edge.

Work 5 rows even.

[Rep last 6 rows] 8 (9, 10, 12, 13) times more—57 (61, 65, 71, 75) sts.

Work even until sleeve measures 19 inches from beg, ending with a WS row.

Shape sleeve cap

Bind off 4 (5, 6, 7, 8) sts at beg of next 2 rows. Work 0 (2, 2, 4) rows even.

Dec 1 st at each edge [every RS row] 12 (13, 14, 16, 17) times. Beg with

next RS row, dec 1 st at each edge [every row] 4 times. Bind off rem 17 sts.

Assembly

Join shoulder seams. Set in sleeves. Join underarm and side seams.

Left Front Button Band

With RS facing and size 7 needles, pick up and knit 87 (89, 91, 93, 95) sts evenly along front edge. Work even in K1, P1 Rib for 7 rows, beg and ending with a WS row. Bind off in rib.

Right Front Buttonhole Band

Pick up and rib as for left band for 3 rows.

Buttonhole row (RS): Rib 5, [bind off 2 sts, with 1 st on right needle, rib 16 (17, 17, 18, 18) more sts] 4 times, bind off 2 sts, rib to end.

Next row: Work across in established rib, casting on 2 sts over each buttonhole.

Work 2 rows of rib. Bind off in rib.

Collar

Place markers $\frac{1}{4}$ inch from edge of each front band. With WS facing and size 5 needles, beg at marker, pick up and knit 29 (30, 31, 32, 33) sts to shoulder, 27 (29, 31, 33, 35) sts across back neck, and 29 (30, 31, 32, 33) sts to neck marker—85 (89, 93, 97, 101) sts.

Row 1 (RS): K1, *p1, k1; rep from * across.

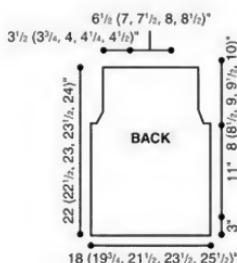
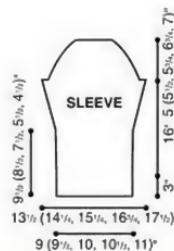
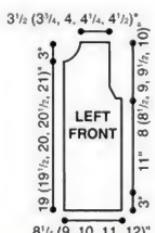
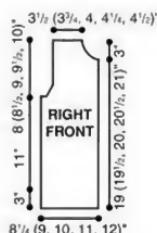
Row 2: P1, *k1, p1; rep from * across.

Rows 3-6: [Rep Rows 1 and 2] twice.

Change to size 6 needles and continue in Rib pat for 6 additional rows. Change to size 7 needles and work in Rib until collar measures 4 inches from beg, ending with a WS row. Bind off in Rib.

Sew buttons opposite buttonholes.

Optional: With RS facing and size F crochet hook, sl st evenly across lower end of right front band, up front edge and then across top of band. Fasten off. ■



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1 st at neck edge
[every row] 5 (6,
5, 6, 7) times—
17 (20, 20, 21, 22,
24) sts.

Work even until
armhole measures
same as back to shoulder shaping,
ending with a WS row.

Shape shoulder

At beg of RS rows, bind off [8 (10,
6, 7, 7, 8) sts] 1 (2, 1, 3, 2, 3) time(s),
then [9 (0, 7, 0, 8, 0) sts] 1 (0, 2, 0, 1,
0) time(s).

Right Front

Cast on 84 (92, 98, 108, 116, 126) sts.

Ruffle

Beg with a RS row, work even in St st
for 6 rows, ending with a WS row.

Shape ruffle (RS): [K2tog] across—
42 (46, 49, 54, 58, 63) sts.

Beg Eyelet pat: Working in St st,
purl to last 9 sts, place marker, p2,
place marker, purl to end.

Work even in St st, working Rows
1–12 of Eyelet Pat between markers
throughout until front measures 4
(4, 4½, 4½, 4½, 4½) inches from beg,
ending with a WS row.

Shape sides

Beg on this row (RS), dec 1 st at end
of row [every 6 (6, 8, 6, 6, 6) rows] 6
(6, 5, 7, 7) times, ending with a WS
row. Work even for 4 rows, then inc 1
st at end of row [every 18 (8, 18, 8,
8) rows] 3 (5, 3, 5, 5) times—39 (45,
47, 52, 56, 61) sts.

Work even until front measures
same as back to armhole, ending
with a RS row.

Shape armhole

Maintaining Eyelet pat, bind off 4 (4,
5, 5, 6, 7) sts at beg of row, then dec
1 st at armhole edge [every other
row] 5 (7, 8, 11, 12, 13) times—30 (34,
34, 36, 38, 41) sts.

Work even until armhole measures

6 (6, 6½, 6¾, 7, 7) inches from beg of
shaping, ending at neck edge with a
WS row. Continue in St st only on all
sts for rem of front.

Shape neck

At beg of row, bind off 8 (8, 9, 10, 10,
10) sts, then dec 1 st at neck edge
[every row] 5 (6, 5, 5, 6, 7) times—17
(20, 20, 21, 22, 24) sts. Work even
until armhole measures same as
back to shoulder shaping, ending
with a RS row.

Shape shoulder

At beg of WS rows, bind off [8 (10,
6, 7, 7, 8) sts] 1 (2, 1, 3, 2, 3) times,
then [9 (0, 7, 0, 8, 0) sts] 1 (0, 2, 0, 1,
0) times.

Sleeves

Cast on 42 (42, 44, 44, 46, 46) sts. Beg
with a RS row, work even in St st for 2
rows; place marker on each side of 2
center sts on last (WS) row.

Beg on next row, working Rows
1–12 of Eyelet Pat between markers
throughout, work even in St st for 12
(8, 8, 6, 6, 6) rows.

Shape sleeve

Beg on next row, inc 1 st at each
side [every 12 (8, 8, 6, 6, 6) rows] 6 (9,
10, 12, 13, 13) times—54 (60, 64, 68,
72, 72) sts.

Work even in established pat until
sleeve measures 15 inches from beg,
ending with a WS row.

Shape cap

At beg of row, bind off [4 (4, 5, 5, 6,
7) sts] twice, then dec 1 st at each
side [every row] twice, [every other
row] 13 (14, 14, 15, 15, 15) times, then
[every row] 0 (2, 2, 3, 3, 2) times—16
(16, 18, 18, 20, 20) sts.

Bind off rem sts.

Collar

Loosely cast on 161 (179, 185, 185,
197, 203) sts. Beg with a RS row, work
even in St st for 2 rows.

Beg Eyelet pat (RS): *K4 (keep in
St st), beg with Row 1, work 2 sts in
Eyelet pat; rep from * to last 5 sts,
end k5.

Work in established pat for 5 rows,
ending with a WS row.

Change to St st on all sts, work
even for 2 rows.

Shape neck edge

Row 1 (RS): [K2tog] across to last st,
end k1—81 (90, 93, 93, 99, 102) sts.

Row 2: Purl across.

Bind off all sts.



Cuff Ruffle

Make 2

Cast on 89 (89, 95, 95, 95, 95) sts
loosely. Beg with a RS row, work even
in St st for 2 rows.

Beg Eyelet pat (RS): *K4 (keep in
St st), beg with Row 1, work 2 sts in
Eyelet pat; rep from * to last 5 sts,
end k5.

Work in established pat for 24
rows, ending with a WS row.

Change to St st on all sts, work
even until cuff measures 6 inches
from beg, ending with a WS row.

Shape cuff

Row 1 (RS): [K2tog] across to last st,
end k1—45 (45, 48, 48, 48, 48) sts.

Row 2: Purl across.

Bind off all sts.

Assembly

Block pieces to measurements. Sew
shoulder seams. Set in sleeves; sew
sleeve and side seams.

Cuffs

Sew cuffs to lower edge of sleeves, easing to fit; Cuff opening should be centered at Eyelet pat, with front edge lapping over back edge approx $\frac{1}{2}$ inch.

Edging

Note: If not familiar with single crochet st (sc), refer to *Crochet Class* on page 74.

Work 1 row sc along lower edge of cuff and upper edge of cuff.

Work 1 row Picot crochet along lower edge of Cuff and sides of opening. Sew 3 smaller buttons in place, using picots for buttonholes.

Front Bands

Cut 2 pieces of grosgrain ribbon to fit front edges (excluding bottom ruffle), with a $\frac{1}{4}$ -inch seam allowance on each end. Fold seam allowances under; pin and baste ribbons to WS of bands. Sew ribbons in place.

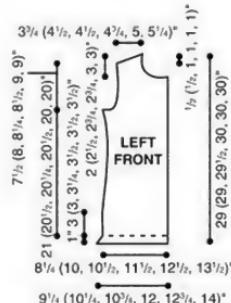
Collar

With RS of collar facing WS of garment, sew collar to neck edge, beg at right front edge and ending 1 inch from left front edge, easing to fit; seam will be covered by collar when turned to RS.

Work 1 row Picot crochet around outer edge of collar; overcast front edges to keep from rolling.

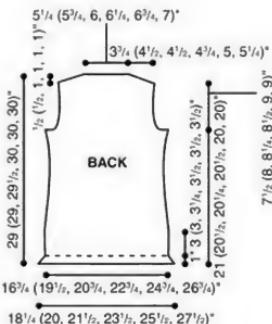
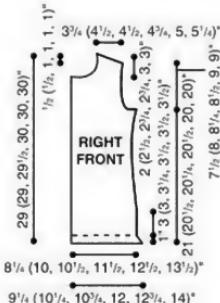
Front Edging

With RS facing, beg at upper edge of left front, work 1 row sc down left front; change to



Picot crochet and continue around lower edge of ruffle and up right front to neck edge.

Place markers for 8 buttons on left front, using picots for buttonholes; first button at top picot, then 1 button every 3rd picot. Sew buttons in place approx 1 inch from left front edge. ■



Quick & Easy Afghan

CONTINUED FROM PAGE 50



Gauge

14 sts = 4 inches/10cm in pat. To save time, take time to check gauge.

Pattern Note

Circular needle is

used to accommodate large number of stitches. Do not join; work back and forth in rows.

Afghan

Cast on 228 sts. Knit 8 rows. Place markers to separate first and last 6 sts for borders.

Rows 1 and 3: K6, *k2, p1; rep from

* to last 6 sts, k6.

Row 2: K6, *k1, p2; rep from * to last 6 sts, k6.

Row 4: Knit across.

Rep Rows 1-4 for pat until afghan measures approx 44 inches, ending with Row 4. Knit 6 rows. Bind off all sts. ■



Cable Row (RS)

Size small only: P2, [C9, p3] 6 times, C9, p2.

Size medium

only: P1, [C9, p3] 7 times, C9, p1.

Size large only:

K3, [p3, C9] 8 times, p3, k3.

Size extra-large only: K2, [p3, C9] 9 times, p3, k2.

Size 2X-large only: [P3, C9] 10 times, p3.

Work even in established rib, working Cable Row every 20th row until back measures 18 (19, 19, 20, 20) inches from beg, ending with a WS row.

Shape underarm

Bind off 11 (15, 17, 20, 22) sts at beg of next 2 rows—63 (65, 71, 75, 79) sts.

Work even until armhole measures 6 (6, 6½, 6½, 7) inches above bound-off underarm sts. Bind off all sts. Mark center 27 (29, 31, 31, 35) sts for back neck.

Left Front

With smaller needles and CC, cast on 38 (42, 48, 52, 58) sts. Beg on a WS row with k2 (k1, p3, k2, k3) and ending with k3 (k2, k3, k2, p1), work even in 3/3 Rib until front measures 3 inches, ending with a WS row.

Change to MC and larger needle. Work even for 4 rows more.

Cable Row (RS)

Size small only: P2, [C9, p3] 3 times.

Size medium only: P1, [C9, p3]

3 times, k3, p2.

Size large only: K3, p3, [C9, p3]

3 times, k3, p3.

Size extra-large only: K2, [p3, C9]

4 times, p2.

Size 2X-large only: [P3, C9] 4 times,

p3, k3, p1, k1.

Work even in established rib, working Cable Row every 20th row until front measures 17 (18, 18, 19, 19) inches from beg, ending with a WS row.

inches from beg, ending with a WS row.

Beg neck shaping

Dec 1 st at neck edge [every RS row] 12 (12, 14, 13, 17) times. At the same time, when side edge measures 18 (19, 19, 20, 20) inches from beg, shape underarm by binding off 11 (15, 17, 20, 22) sts at beg of next RS row. Place marker in first neck dec.

Continuing neck dec as established and working armhole straight, work in established Cable pat until armhole measures same as back above bound-off underarm sts. Bind off rem 15 (15, 17, 19, 19) sts for shoulder.

Button Band

With smaller needles and CC, RS facing, pick up and knit 3 sts for every 4 rows, beg at neck marker and ending at lower edge. If necessary, adjust sts to equal a multiple of 5 sts + 3.

Work even in 3/2 Rib until band measures 2 inches. Bind off loosely in pat.

Right Front

With smaller needles and CC, cast on 38 (42, 48, 52, 58) sts. Beg with k3 (k2, k3, k2, p1) and end with k2 (k1, p3, p2, k3), work even in 3/3 Rib until front measures 3 inches, ending with a WS row.

Change to MC and larger needle. Work even for 4 rows more.

Cable Row (RS)

Size small only: [P3, C9] 3 times, p2.

Size medium only: P2, k3, [p3, C9]

3 times, p1.

Size large only: P3, k3, [p3, C9]

3 times, p3, k3.

Size extra-large only: P2, [C9, p3]

4 times, k2.

Size 2X-large only: K1, p3, k3, p3,

[C9, p3] 4 times.

Work even in established rib, working Cable Row every 20th row until front measures 17 (18, 18, 19, 19) inches from beg, ending with a WS row.

inches from beg, ending with a RS row.

Beg neck shaping

Dec 1 st at neck edge [every RS row] 12 (12, 14, 13, 17) times. At the same time, when side edge measures 18 (19, 19, 20, 20) inches from beg, shape underarm by binding off 11 (15, 17, 20, 22) sts at beg of next RS row. Place marker in first neck dec.

Continuing neck dec as established and working armhole straight, work in established Cable pat until armhole measures same as back above bound-off underarm sts. Bind off rem 15 (15, 17, 19, 19) sts for shoulder.

Buttonhole Band

With smaller needles and CC, RS facing, pick up and knit 3 sts for every 4 rows beg at lower edge and ending at neck marker. If necessary, adjust sts to equal a multiple of 5 sts + 3.

Work even in 3/2 Rib until band measures 1 inch, ending with a WS row. Mark band for 5 buttons pleasantly spaced between lower edge and neck dec marker.

Buttonhole row (RS): [Work to marker, bind off 3 sts] 5 times, work to end of row.

On following row, cast on 3 sts over each bound-off area. Work even in established rib until band measures 2 inches. Bind off loosely in pat.

Left Sleeve

With smaller needles and CC, cast on 33 (33, 38, 38, 38) sts. Work even in 3/2 Rib for 5 inches, ending with a WS row.

Change to MC and larger needles. Knit 1 row, inc 3 (3, 3, 3, 4) sts evenly—36 (36, 41, 41, 42) sts.

Beg with a knit row, work in Reverse St st, inc 1 st at each edge [every 6th row] 6 (6, 5, 5, 6) times—48 (48, 51, 51, 54) sts.

Work even until sleeve measures 17 (18, 18, 18½, 19) inches from beg, ending with a WS row. Mark each end

st for underarm. Work even for 10 (12, 14, 16, 18) rows more.

Bind off 18 (18, 19, 19, 21) sts at beg of next 2 rows. Place rem 12 (12, 13, 13, 12) sts on holder, do not cut yarn.

Join front & back at shoulder

With LH needle and RS facing, beg at neck edge, pick up front strand only of each bound-off st along left front shoulder—15 (15, 17, 17, 19) sts.

With RH needle and RS facing, beg at neck edge, pick up front strand of each bound-off st along left back shoulder—18 (18, 20, 20, 22) sts.

Note: *Tips of circular needle will be at armhole edge.*

Sl sleeve sts from holder to LH needle. Sl 1 st from RH needle to LH needle. Pick up attached sleeve yarn.

Next row (RS): P2tog, p10 (10, 11, 11, 10), p2tog, sl 1wyif, turn.

Row 2: K2tog, k10 (10, 11, 11, 10), k2tog-tbl, sl 1wyif, turn.

Rep last 2 rows until all picked-up sts of front shoulder have been worked—16 (15, 15, 16, 16) sts.

Shape back neck

Next row (WS): Bind off 6 (6, 7, 7, 6) sts, k4, k2tog-tbl, sl 1wyif, turn. Mark last bound-off st.

Row 2: P2tog, purl to last st, sl last st wyif, turn.

Row 3: Ssk, k3, k2tog-tbl.

Bind off rem sts.

Sew rest of sleeve into armhole, matching underarm markers to first bound-off sts of body.

Sew sleeve and side seam.

Right Sleeve

Work as for left sleeve through bound-off rows. Place sts on holder; do not cut yarn.

Join front & back at shoulder

With LH needle and RS facing, beg at neck edge, pick up front strand only of each bound-off st along right back shoulder—18 (18, 20, 20, 22) sts.

With RH needle and RS facing, beg at neck edge, pick up front strand only of each bound-off st along right front shoulder—15 (15, 17, 17, 19) sts.

Note: *Tips of circular needle will be at armhole edge.*

Sl sleeve sts from holder to LH needle. Sl 1 st from RH needle to LH needle. Pick up attached sleeve yarn.

Next row (RS): P2tog, p10 (10, 11, 11, 10), p2tog, sl 1wyif, turn.

Next row: K2tog, k10 (10, 11, 11, 10), k2tog-tbl, sl 1wyif, turn.

Rep last 2 rows until all picked-up sts of front shoulder have been worked—16 (15, 15, 16, 16) sts.

Shape back neck

Next row (RS): Bind off 6 (6, 7, 7, 6) sts, p4, p2tog, sl 1wyif, turn. Mark last bound-off st.

Row 2: K2tog, knit to last st, sl last st.

Row 3: Ssk, p3, p2tog.

Bind off rem sts.

Sew rest of sleeve into armhole, matching underarm markers to first bound-off sts of body.

Sew sleeve and side seam.

left front band, pick up and knit 1 st in every row along front neck edges, and 3 sts for every 4 sts along saddle and back neck; end at first picked-up st of right front band. If necessary, adjust sts to equal a multiple of 5 sts + 3.

Shape collar stand

Row 1 (WS of collar): Work Row 1 of 3/2 Rib.

Row 2: Work in established pat to right shoulder marker, W/T.

Row 3: Work in established pat to left shoulder marker, W/T.

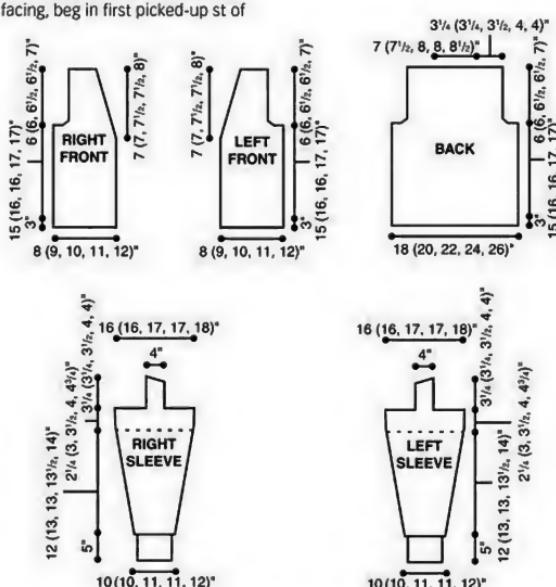
Row 4: Work to 4 sts beyond right shoulder wrap, W/T.

Row 5: Work to 4 sts beyond left shoulder wrap, W/T.

Row 6: Work across all sts.

Work even until collar measures 6 inches, when measured at front edge. Bind off loosely in rib.

Sew on buttons. ■





Gauge

Body: 18 sts and 24 rows = 4 inches/10cm in St st with smaller needles and medium weight yarn (A)

Sleeves: 8 sts and 18 rows = 4 inches/10cm in garter st with larger needles and super bulky yarn (B). To save time, take time to check gauge.

Back

With smaller needles and A, cast on 75 (84, 93, 102, 112) sts. Work 8 rows in garter st.

Beg with a knit row, work even in St st until back measures approx 16 (16, 16½, 16½, 16½) inches from beg, ending with a WS row.



Shape armholes

At beg of row, bind off [3 (3, 4, 4, 4) sts] twice, [2 sts] twice, then dec 1 st at each edge [every RS row] 3 times—59 (68, 75, 84, 94) sts rem.

Work even until back measures 24½ (24½, 25, 25, 25½) inches from beg. Bind off all sts.

Front

Work as for back until front measures approx 22½ (22½, 22½, 22½, 22½) inches from beg, ending with a WS row.

Shape neck

Work across first 22 (24, 26, 28, 30) sts, join 2nd skein and bind off center 15 (20, 23, 28, 34) sts, work to end of row.

Working both sides at once with separate skeins, at each neck edge, [bind off 2 sts] twice, then [dec 1 st] twice—16 (18, 20, 22, 24) sts rem each side.

Work even until front measures same as back to shoulder. Bind off rem sts.

Sleeves

With larger needles and B, cast on 19 (19, 20, 20, 21) sts. Work in garter st for 30 rows.

Work in rev St st, inc 1 st at each edge every 10th row until there are 31 (31, 33, 33, 35) sts. Continue to work in rev St st until sleeve measures 19 (19, 19½, 19½, 19½) inches from beg.

Shape cap

Bind off 3 sts at beg of next 2 rows. Work 4 rows even. Dec 1 st at each edge every row until 12 sts rem. Bind off 2 sts at beg of next 2 rows. Bind off rem 8 sts.

Assembly

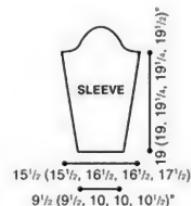
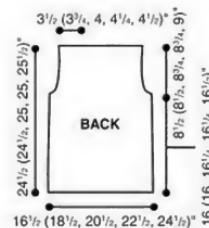
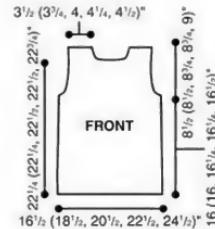
Sew right shoulder seam.

Neckband

With smaller needles and A, RS facing, pick up and knit 66 (70, 74, 78, 80) evenly along neckline. Work in garter st for 8 rows. Bind off loosely.

Finishing

Sew left shoulder seam, including side of neckband. Set in sleeves. Sew sleeve and side seams. ■





Shape shoulders

Rows 1 and 2:

Maintaining pat, work to 7 (6, 6, 7, 7) sts from end, W/T.

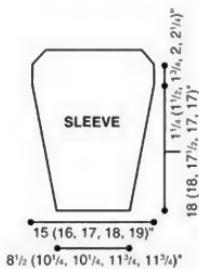
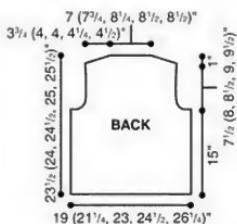
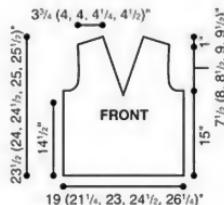
Rows 3-6:

Work to 6 (7, 7, 7, 8) sts from previous wrap, W/T.

Rows 7 and 8: Work across all sts, working each wrapped st and wrap tog. Sl all sts to holders or spare needle.

Front

Work as for back until front



measures 14 1/2 inches, ending with a WS row. Mark center st.

Shape neck

Work first 46 (50, 54, 58, 62) sts, k2tog, k1; place center st on holder; join 2nd ball, k1, skw, work to end.

Working both sides at once with separate balls, continue to dec 1 st at each neck edge [every other row] 16 (18, 19, 20, 20) times more, and at the same time, when front measures 15 inches, shape armholes as for back—19 (19, 20, 21, 23) sts rem for each shoulder.

Work even until front measures same as back to shoulder. Shape shoulders as for back.

Sleeves

With smaller needles, cast on 43 (51, 51, 59, 59) sts. Beg pat and work even until sleeve measures 2 1/2 inches from beg.

Change to larger needles and continue to work in pat, inc 1 st at each side [every 6th row] 12 (13, 17, 16, 18) times, then [every 8th row] 4 (2, 0, 0, 0) times, working inc sts into pat—75 (81, 85, 91, 95) sts.

Work even until sleeve measures 18 (18, 17 1/2, 17, 17) inches or desired length from beg. Mark each end of this row, then work an additional 1 1/4

(1 1/2, 1 1/4, 2, 2 1/4) inches, ending with a WS row.

Shape cap

Dec 1 st at each edge [every other row] 5 (5, 6, 7, 7) times. Bind off rem 65 (71, 73, 77, 81) sts knitwise on WS.

Assembly

Bind off right front and right back shoulders, using 3-Needle Bind-Off, page 68.

Neckband

With smaller circular needle, beg at left shoulder, pick up and knit approx 2 sts for every 3 rows along left neck edge, k1 in center st, mark this st, pick up and knit along right neck edge to match left side, knit across back neck sts, dec 5 (5, 6, 6) sts evenly. Do not join.

Row 1 (WS): Knit across.

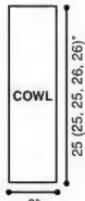
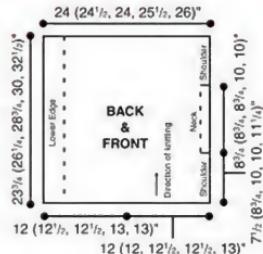
Row 2: Knit to 3 sts before center front, CDD, knit to end.

Row 3: Knit across.

Bind off sts purfwise on RS, dec 1 st on each side of center front st.

Finishing

Bind off left front and left back shoulders tog, seam ends of neckband. Set sleeves into armholes, sew side seams. ■





Shape neck

Maintaining established pat, dec 1 st at beg of this row, then at neck edge every 4th (4th, 3rd, 3rd, 3rd) row until front measures 22 (22 $\frac{1}{4}$, 22 $\frac{1}{2}$, 22 $\frac{3}{4}$, 23) inches, ending with a RS row.

Shape armhole

At beg of WS row, bind off [3 (3, 4, 4, 5) sts] once, [2 (2, 2, 3, 3) sts] once, then dec 1 st at armhole edge [every RS row] 3 (4, 4, 5, 5) times, and *at the same time*, continue established neck dec until 30 (32, 34, 36, 38) sts rem, then work even until armhole measures 8 $\frac{1}{2}$ (8 $\frac{1}{4}$, 8 $\frac{3}{4}$, 9, 9) inches, ending with a RS row. Bind off all sts.

Left Front

Cast on 60 (65, 70, 75, 80) sts.

Row 1 (WS): [P1, k1] 4 (4, 5, 6) times, p14 (14, 16, 16, 18), place marker, k2, [p6, k4] twice, p6, k2, place marker, p8 (11, 14, 17, 20).

Row 2: K8 (11, 14, 17, 20), p2, [k6, p4] twice, k6, p2, k14 (14, 16, 18, 18), [p1, k1], 4 (4, 5, 5, 6) times.

Rep Rows 1 and 2 until front measures 3 $\frac{1}{4}$ inches from beg, end with a WS row.

Beg cable panel

Row 1 (RS): Work first 8 (11, 14, 17, 20) sts in St st, sl marker, work Row 1 of Cable pat between markers, work last 22 (24, 26, 28, 30) sts in established pat.

Row 2: Work first 22 (24, 26, 28, 30) sts in established pat, work Row 2 of Cable pat between markers, p8 (11, 14, 17, 20).

Continue as set, working Rows 1-34 of Cable pat between markers and rem sts in established pat until front measures 16 (16 $\frac{1}{4}$, 16 $\frac{1}{2}$, 16 $\frac{3}{4}$, 17) inches from beg, ending with a WS row.

Shape neck

Maintaining established pat, dec 1 st at end of this row, then at neck edge every 4th (4th, 3rd, 3rd, 3rd) row until front measures 22 (22 $\frac{1}{4}$, 22 $\frac{1}{2}$, 22 $\frac{3}{4}$, 23) inches, ending with a WS row.

Shape armhole

At beg of RS row, bind off [3 (3, 4, 4, 5) sts] once, [2 (2, 2, 3, 3) sts] once, then dec 1 st at armhole edge [every RS row] 3 (4, 4, 5, 5) times, and *at the same time*, continue established neck dec until 30 (32, 34, 36, 38) sts rem, then work even until armhole measures 8 $\frac{1}{2}$ (8 $\frac{1}{4}$, 8 $\frac{3}{4}$, 9, 9) inches, ending with a RS row. Bind off all sts.

Assembly

Sew shoulder and side seams.

Collar

With WS facing, beg on left front at beg of neck shaping, pick up and knit 88 (90, 92, 94, 96) sts to shoulder, 32 (36, 36, 40, 40) sts across back neck, 88 (90, 92, 94, 96) sts across right front to beg of neck shaping—208 (216, 220, 228, 232) sts.

Rows 1 and 2: *K2, p2; rep from * to last 16 sts, turn.

Rows 3 and 4: *K2, p2; rep from * to last 40 sts, turn.

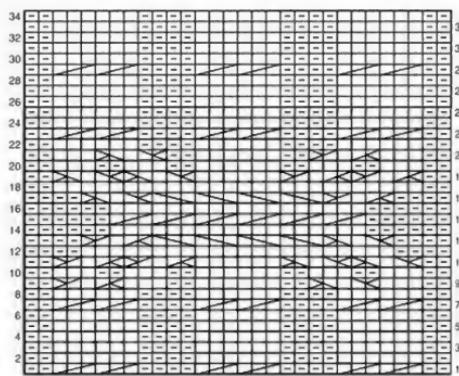


Rows 5 and 6: *K2, p2; rep from * across row.

Rep Rows 1-6 until collar measures 4 $\frac{1}{4}$ (4 $\frac{1}{2}$, 4 $\frac{3}{4}$, 4 $\frac{3}{4}$, 5) inches at widest point. Bind off in pat.

STITCH KEY

<input type="checkbox"/> K on RS, p on WS
<input checked="" type="checkbox"/> P on RS, k on WS
 C6F: Sl next 3 sts to cn, hold in front, k3, k3 from cn
 C6B: Sl next 3 sts to cn, hold in back, k3, k3 from cn
 T5R: Sl next 2 sts to cn, hold in back, k3, p2 from cn
 T5L: Sl next 3 sts to cn, hold in front, p2, k3 from cn



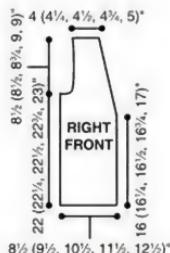
CABLE CHART

Armband

With RS facing and circular needle, pick up and knit 88 (92, 96, 96, 100) sts. Join and work in rnds.

Rnds 1-4: *K1, p2; rep from * around.

Bind off in pat.

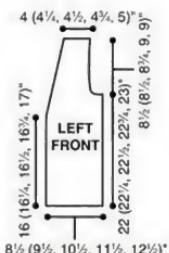


Note: If not familiar with single crochet (sc) st, refer to *Crochet Class* on page 74.

With RS facing, work 1 row of sc around bottom edge.

Knitted Belt

Cast on 11 sts.



Row 1: K1, *p1, k1; rep from * across.

Row 2: P1, *k1, p1; rep from * across.

Rep Rows 1 and 2 for K1, P1 Rib until belt measures approx 66 (67, 68, 69, 70) inches from beg. Bind off in pat. ■



Twisted Cable Turtleneck

CONTINUED FROM PAGE 29



Work even until sleeve measures approx 20 1/2 (21 1/4, 20 1/2, 19 1/2, 18 1/2) inches from beg. Bind off all sts.

Assembly

Sew shoulder seams.

Turtleneck

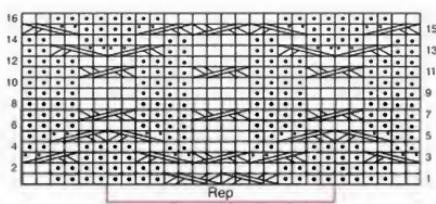
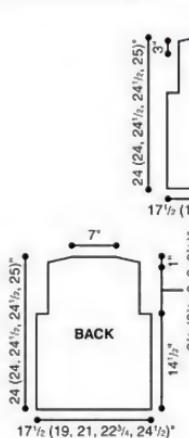
With RS facing and size 4 circular needle, pick up and knit 96 sts evenly around neckline. Beg Rib pat, and work even until collar measures approx 4 inches from beg.

Change to size 6 circular needle and work even until collar measures approx 7 inches from beg.

Change to size 7 circular needle and work even until collar measures approx 9 inches from beg. Bind off loosely in pat.

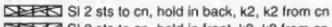
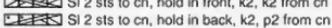
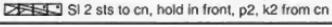
Finishing

Set in sleeves. Sew sleeve and side seams. ■



CABLE CHART

STITCH KEY

- K on RS, p on WS
- P on RS, k on WS
-  Si 2 sts to cn, hold in back, k2, k2 from cn
-  Si 2 sts to cn, hold in front, k2, k2 from cn
-  Si 2 sts to cn, hold in back, k2, p2 from cn
-  Si 2 sts to cn, hold in front, p2, k2 from cn

**Gauge**

10 sts and 20 rows
(1 rep of pat) =
3 x 4 inches
(7.5 x 10cm).
Exact gauge is
not critical to this
project.

Pattern Note

Work last st of each row as knit 1 through back loop (k1-tbl). Slip first stitch of each row purlwise with yarn in front, then take yarn to back between the first and 2nd stitches and continue.

Wrap

Cast on 67 sts.

Border

Rows 1-7: Sl 1, knit to end.

Body

[Work Rows 1-20 from Diamond Lace chart] 13 times, then [rep Rows 1-19] once.

Border

Rows 1-7: Sl 1, knit to end.

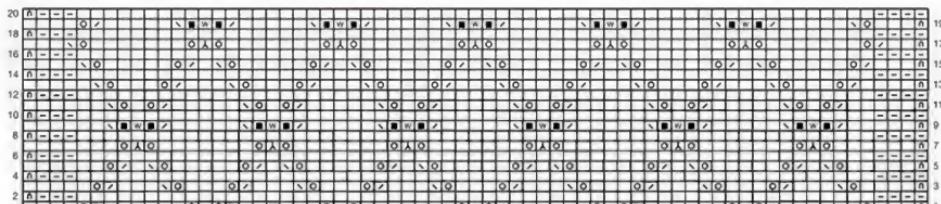
Bind off all sts knitwise on WS.

Finishing

Block severely by pinning out to size on clean carpet. Blocking wires can help with this. Mist with water from sprayer to set, let dry completely. ■

STITCH KEY

<input type="checkbox"/>	K on RS, p on WS
<input type="checkbox"/>	P on RS, k on WS
<input checked="" type="checkbox"/>	Sl 1
<input checked="" type="checkbox"/>	Yo
<input checked="" type="checkbox"/>	K2tog
<input checked="" type="checkbox"/>	Ssk
<input checked="" type="checkbox"/>	Sl next 2 sts as if to k2tog, k1, p2sso
<input checked="" type="checkbox"/>	[K1, yo, k1] in next st
<input checked="" type="checkbox"/>	No st



DIAMOND LACE CHART

**Gauge**

20 sts = 4 inches/10cm.
To save time, take time to check gauge.

Pattern Notes

Yarn amount is sufficient for both the spa cloth and soap sack.

Three stitches at the beginning and end of each row are worked in garter stitch (knit every row).

Spa Cloth

Cast on 41 sts.
Knit 5 rows.

Rows 1 and 3: K3, *K2, p1; rep from * to last 3 sts, k3.

Row 2: K3, *k1, p2; rep from * to last 3 sts, k3.

Row 4: Knit all sts.

Rep [Rows 1-4] 11 times

Knit 5 rows. Bind off. Weave in ends.

Soap Sack

Cast on 29 sts.

Knit 3 rows.

Rows 1 and 3: *K2, p1; rep from * to last 2 sts, k2.

Row 2: *P2, k1; rep from * to last 2 sts, p2.

Row 4: Knit all sts

Rep [Rows 1-4] 5 times.

Knit 2 rows.

Eyelet row: K2, *yo, k2 tog, k1, rep from * across row.

Knit 1 row. Bind off.

Crochet Ruffle

Insert crochet hook in first st, *ch 4 sc in next st; rep from *across.

Finishing

Sew side seam and bottom of sack. Make twisted cord using 12 feet of yarn, folded in fourths. Twist until it doubles on itself. Tie the two ends together. Insert one end of cord into eyelets. Tie or place tied end through folded end to hang. ■



row until there are 48 (52, 56, 56, 60) sts. Work even until sleeve measures 16 inches from beg, ending with a WS row.

Next row (WS): P3, place marker, purl to last 3 sts, inc 4 sts evenly, place marker, p3—52 (56, 60, 60, 64) sts.

Beg on next row, keeping 3 edge sts on each side in St st and working

Cable pat between markers, work until sleeve measures 19 inches from beg, or desired length, ending with a WS row.

Shape cap

Bind off 4 (4, 6, 6, 6) sts at beg of next 2 rows—44 (48, 48, 48, 52) sts.

Beg on next row, dec 1 st at each end every RS row until cap measures 5½ (5½, 6½, 6½, 7) inches, ending with a WS row.

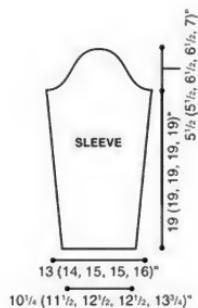
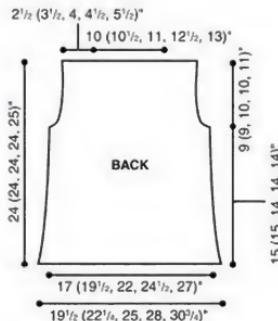
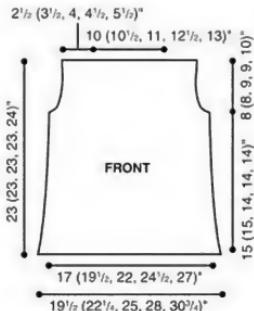
Bind off 4 sts at beg of next 2 rows, then bind off all rem sts.

Assembly

Block pieces to desired measurements.

Sew top of front and back tog for 2½ (3½, 4, 4½, 5½) inches at each side for shoulders.

Sew sleeves into armholes. Sew side and sleeve seams. ■



Special Abbreviation

Central Double Decrease (CDD): Sl next 2 sts as if to k2tog, k1, p2so.

Pattern Stitch

Little Arrows

Row 1: K4, ssk, yo, k3, yo, *k2tog, k1, ssk, yo, k3, yo; rep from * to last 6 sts, end k2tog, k4.

Row 2: K3, p4k, k3.

Row 3: K3, k2tog, *yo, k1, yo, CDD; rep from * to last 6 sts, end yo, k1, yo, ssk, k3.

Row 4: Rep Row 2.
Rep Rows 1–4 for pat.

Pattern Notes

The drape of this fabric can make measuring a challenge. Be sure to spread the shawl out to its full width before measuring the length.

Insert a "lifeline" on a plain knit row in case you need to rip back. Use a tapestry needle with dental floss or smooth thread and go

into each stitch on the row. Dropped sts can be extremely hard to recover due to the silkiness of the yarn and the lace pattern.

Tip Off

Some interchangeable needles have a tiny hole near the join. Insert a long length of dental floss, secure and knit as usual. Instant lifeline!

Shawl

Cast on 55 sts.

Rows 1–6: Knit across.
Rep Rows 1–4 of pat until shawl measures 59 inches long, or 1 inch less than desired length, ending with Row 4.

Last 6 rows: Knit across.
Bind off all sts. ■



Shape neck

Bind off at neck edge [8, (8, 10, 10) sts] once, [3 sts] 1 (1, 1, 2) time(s), [2 sts] once, then dec 1 st (k2tog) at neck edge [every RS row] 3 (3, 3, 2) times—18 (21, 24, 26) sts.

Work even until armhole measures same as back, ending with a WS row.

Shape shoulder

Bind off at beg of RS rows [6 (7, 8, 9) sts] twice, then [6 (7, 8, 8) sts] once.

Right Front

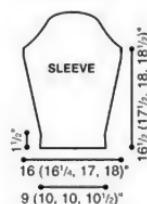
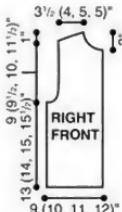
With size 5 needles and CC, cast on 45 (50, 55, 60) sts. Work 8 rows St st. Change to size 6 needles and MC, work 6 rows St st.

Beg and ending as indicated for size, work Rows 1–17 of Chart C on page 89.

Continue in MC until front measures same as back to underarm, ending with a RS row.

Shape armhole

At beg of WS rows, bind off [5 sts] once, [3 sts] once, then dec 1 st



[every RS row] 3 (5, 5, 6) times—34 (37, 42, 46) sts.

Work even until armhole measures 3 1/2 (4, 4 1/2, 5) inches, then work Chart C, aligning pat with lower band. Work 2 rows MC.

Continue in CC until armhole measures 7 (7 1/2, 8, 9 1/2) inches above underarms, ending with a WS row.

Shape neck

Bind off at neck edge [8, (8, 10, 10) sts] once, [3 sts] 1 (1, 1, 2) times, [2 sts] once, then dec 1 st (ssk) at neck edge [every RS row] 3 (3, 3, 2) times—18 (21, 24, 26) sts.

Work even until armhole measures same as back, ending with a RS row.

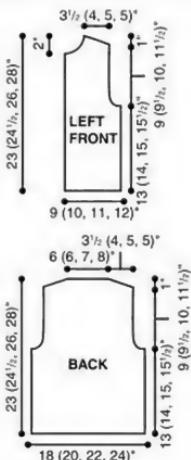
Shape shoulder

Bind off at beg of WS rows [6 (7, 8, 9) sts] twice, then [6 (7, 8, 8) sts] once.

Sleeves

With size 5 needles and CC, cast on 45 (49, 49, 53) sts. Work 8 rows St st. Change to size 6 needles and work Rows 1–12 of Chart D on page 89.

Change to MC and inc 1 st at each edge [every 4th row] 7 (14, 11, 13)



times, then [every 6th row] 10 (2, 7, 5) times—79 (81, 85, 89) sts.

Work even until sleeve measures 16 1/2 (17 1/2, 18, 18 1/2) inches.

Shape cap

At beg of row, bind off [5 (5, 5, 6) sts] twice, [3 sts] twice, then dec 1 st at each edge [every RS row] 3 (5, 5, 6) times, [every 4th row] 2 (2, 3, 7) times, [every RS row] 6 (6, 5, 2) times. At beg of row, bind off [2 sts] 4 (2, 4, 2) times, and [3 sts] 6 (6, 5, 2) times. Bind off rem 15 (17, 17, 19) sts.

Hem

With size 4 circular needle and MC, RS facing, pick up and knit 1 st for every cast-on st of sleeve. Work 7 rows St st, bind off all sts.

Turn hem to WS and sew in place.

Assembly

Sew shoulder seams. Set sleeves into armholes. Sew sleeve and underarm seams.

Hem

With size 4 circular needle and MC, RS facing, pick up and knit 1 st for every cast-on st around bottom of sweater. Work 7 rows St st, bind off all sts.

Turn hem to WS and sew in place.

Neckband

Beg at right front with size 4 circular needle and CC, RS facing, pick up and knit 27 (27, 29, 32) sts along neck front and right yoke, remove from holder and work 31 (31, 35, 39) back neck sts, pick up and knit 27 (27, 29, 32) sts along left yoke and neck front—85 (85, 93, 103) sts.

Knit 9 rows, bind off knitwise on RS.

Left Front Button Band

Beg at top of neckband with size 4 circular needle and CC, RS facing, pick up and knit 96 (103, 110, 117) sts along front. Knit 9 rows, bind off knitwise on RS.

Right Front Buttonhole Band

Beg at bottom with size 4 circular needle and CC, RS facing, pick up and knit 96 (103, 110, 117) sts along front, ending at top of neckband. Knit 2 rows.

Mark band for 7 buttonholes evenly spaced, beg and ending approx 1 inch from top and bottom of band. **Buttonhole row:** [Knit to marker, bind off 2 sts] 7 times, knit to end.

Next row: Knit across, casting on 2 sts over each buttonhole.

Knit 5 rows, bind off knitwise on RS. Block lightly. Sew buttons opposite buttonholes. ■

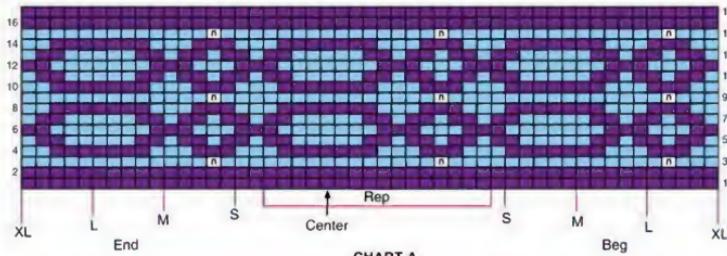


CHART A

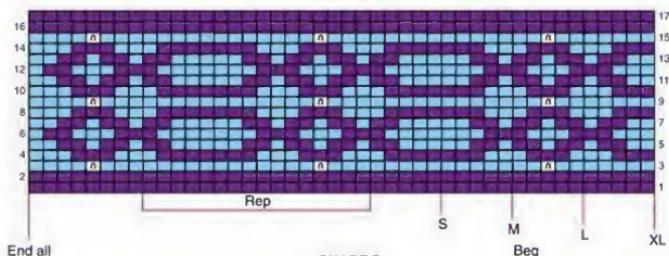


CHART B

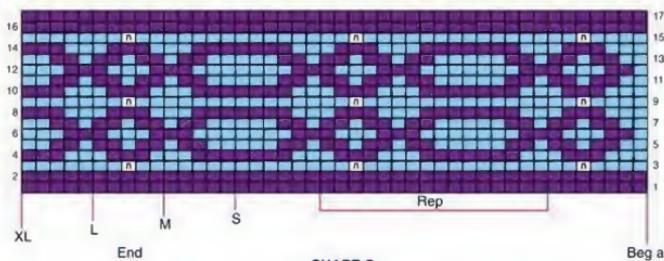


CHART C

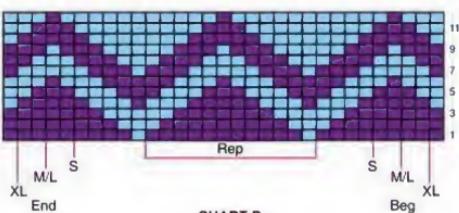


CHART D

COLOR & STITCH KEY		
MC		
CC		
SI CC		



Gauge

20 sts and 26 rows = 4 inches/10cm in St st with larger needles. To save time, take time to check gauge.

Special Abbreviations

Cable 6 Front (C6F): Sl next 4 sts to cn and hold in back, k2, then [p2, k2] from cn.

Cable 6 Back (C6F): Sl next 2 sts to cn and hold in front, k2, p2, then k2 from cn.

Increase (inc): Inc 1 st by knitting into front then back of next st.

Pattern Stitches

K2, P2 Rib (multiple of 4 sts + 2)

Row 1 (RS): K2, *p2, k2; rep from * across.

Row 2: P2, *k2, p2; rep from * across.

Rep Rows 1 and 2 for pat.

Front Cable (panel of 46 sts)

Row 1 (RS): P2, [k2, p2] 11 times.

Row 2 and all WS rows: K2, [p2, k2] 11 times.

Rows 3-20: [Rep Rows 1 and 2] 10 times.

Row 21: P2, [C6B, p2] 5 times, k2, p2.

Rows 23 and 27: Rep Row 1.

Row 25: P2, k2, p2, [C6F, p2] 5 times.

Row 28: Rep Row 2.

Rows 29-36: [Rep Rows 21-28] once.

Rep Rows 1-36 for pat.

Sleeve Cable (panel of 38 sts)

Row 1 (RS): P2, [k2, p2] 9 times.

Row 2 and all WS rows: K2, [p2, k2] 9 times.

Rows 3-20: [Rep Rows 1 and 2] 10 times.

Row 21: P2, [C6B, p2] 4 times, k2, p2.

Rows 23 and 27: Rep Row 1.

Row 25: P2, k2, p2, [C6F, p2] 4 times.

Row 28: Rep Row 2.

Rows 29-36: [Rep Rows 21-28] once.

Rep Rows 1-36 for pat.

Back

With smaller needles, cast on 90 (98, 110, 118, 130) sts. Beg K2, P2 Rib and work even for 3 inches, ending with Row 2 and inc 0 (2, 0, 2 0) sts evenly across last row—90 (100, 110, 120, 130) sts.

Change to larger needles and work in St st until back measures 16 inches from beg, ending with a WS row.

Shape armholes

Bind off 7 (7, 8, 9, 12) sts at beg of next 2 rows—76 (86, 94, 102, 106) sts.

Row 1 (RS): K2, k2tog, knit to last 4 sts, ssk, k2.

Row 2: P2, p2tog-tbl, purl to last 4 sts, p2tog, p2.

[Rep Rows 1 and 2] 0 (1, 1, 2, 2) times more—72 (78, 86, 90, 94) sts.

Dec [every RS row] 4 (4, 6, 6) times—64 (70, 74, 78, 82) sts.

Work even in St st until armhole measures 7½ (8, 8½, 9, 9½) inches from beg, ending with a WS row.

Shape right shoulder

Bind off 7 (8, 9, 11) sts, k8 (9, 10, 10, 10), k2tog, turn, leaving rem sts unworked.

Next row: P2tog, purl to end of row.

Bind off rem 8 (9, 10, 10, 10) sts.

Shape left shoulder

With RS facing, sl next 30 (32, 32, 36, 36) sts to a holder, join yarn, ssk, knit to end of row.

Next row: Bind off 7 (8, 9, 9, 11) sts, purl to last 2 sts, p2tog-tbl.

Next row: Purl across.

Bind off rem 8 (9, 10, 10, 10) sts.

Front

With smaller needles, cast on 106 (114, 122, 138, 146) sts.

Set up pat (RS): K2, [p2, k2] 7 (8, 9, 11, 12) times; place marker, work Row 1 of Front Cable pat over next 46 sts, place marker; [k2, p2] 7 (8, 9, 11, 12) times, k2.

Row 2: P2, [k2, p2] 7 (8, 9, 11, 12) times; work Row 2 of Front Cable pat

between markers; [p2, k2] 7 (8, 9, 11, 12) times, p2.

Work in pat as set until front measures 3 inches from beg, ending with a WS row.

Change to larger needles, continue established Front Cable pat between markers and working 30 (34, 38, 46, 50) sts at each side in St st until front measures 16 inches from beg, ending with a WS row.

Shape armholes

Bind off 7 (7, 8, 9, 12) sts at beg of next 2 rows—92 (100, 106, 120, 122) sts.

Row 1 (RS): K2, k2tog, knit to last 4 sts, ssk, k2.

Row 2: P2, p2tog-tbl, purl to last 4 sts, p2tog, p2.

[Rep Rows 1 and 2] 0 (1, 1, 2, 2) times more—88 (92, 98, 108, 110) sts.

Dec [every RS row] 4 (4, 6, 6) times—80 (84, 86, 96, 98) sts.

Work even in St st until armhole measures 5 (5½, 6, 6½, 6½) inches from beg, ending with a WS row.

Shape left yoke

Row 1 (RS): Work first 19 (21, 23, 25) sts, k2tog, k1; turn and leave rem sts unworked.

Row 2: P1, p2tog, purl to end of row.

Row 3: Knit to last 3 sts, k2tog, k1.

Rows 4 and 5: Rep Rows 2 and 3.

Row 6: Work even.

[Rep Rows 5 and 6] twice more—15 (17, 19, 19, 21) sts.

Work even until armhole measures same as back, ending with a WS row.

Shape shoulder

Bind off 7 (8, 9, 9, 11) sts at beg of next row. Work 1 row even. Bind off rem 8 (9, 10, 10, 10) sts.

Shape right yoke

Row 1: With RS facing, sl next 36 (36, 34, 44, 42) sts to a holder, join yarn, k1, ssk, knit to end of row.

Row 2: Purl to last 3 sts, p2tog-tbl, p2.



until 7 sts rem, changing to dpn when necessary. Cut yarn, leaving a long end. Thread end through rem sts and pull up tightly.

Cuff

With circular needle and 2 strands of CC held tog, WS facing, pick up and knit 1 st in each cast-on st at lower edge—52 sts. Place marker between first and last st.

Inc rnd: *K4, M1; rep from * around—65 sts.

Work even in garter st until cuff measures 2 inches above picked-up row. Bind off all sts.

Turn cuff up over body of hat. Tack in place, if desired.

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Mittens

Make 2 alike Hand

With MC and dpn, cast on 20 (24) sts. Join without twisting, placing marker between first and last st.

Work even in rev St st until mitten measures 4 (4 1/2) inches.

Mark for thumb

Next rnd: P2, drop working yarn. With scrap yarn, k3 and place sts just worked back on LH needle. Pick up working yarn and purl these 3 sts, work to end of rnd.

Work even until mitten measures 8 (9) inches from beg. Place marker after every 5th (6th) st.

Shape top

Dec rnd: [Purl to 2 sts before marker, p2tog] 4 times—4 sts dec.

Work 1 rnd even. Rep last 2 rnds until 5 (6) sts rem. Cut yarn, leaving a long end. Thread end through rem sts and pull up tightly.

Thumb

Pick out CC scrap yarn and place resulting 7 loops on 3 needles: 2 sts on each of 2 needles closest to top of hand, 3 sts on lower needle. With top needles, pick up 1 strand on each end of opening—9 sts—3 on each needle.

Join yarn at beg of left top needle. Work even in rev St st for 2 1/2 (3) inches.

Shape top

Rnd 1: [P1, p2tog] 3 times—6 sts.

Rnd 2: Purl around.

Rnd 3: [P2tog] around—3 sts.

Cut yarn, leaving a long end. Thread end through rem sts and pull up tightly.

Cuff

With WS facing, using dpn and 2 strands of CC held tog, pick up and knit 1 st in each cast-on st at lower edge—20 (24) sts.

Place marker between first and last st.

Inc rnd: *K4, M1; rep from * around—25 (30) sts.

Work even in garter st until cuff measures 1 1/2 inches above picked-up row. Bind off all sts.

Turn cuff up over mitten body. Tack in place, if desired. Press thumbs to opposite sides for right and left mittens. ■

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Beg Chart pat

Row 1 (WS): K5, p4, k2; work Lace Rib across 10 (15, 15, 15, 20) sts; k1, yo, work Lace Rib across 10 (15, 15, 15, 20) sts; k2, p4, k5.

Rows 2-12: Work Rows 2-12 from Center Panel Chart on page 95.

Rep Rows 1-12 until panel measures 18 (18, 18, 19, 19) inches from beg. Bind off all sts in pat.

Back & Sides

With larger needle, cast on 172 (192, 212, 237, 247) sts. Beg with a WS row, work even in Lace Rib pat in rows until panel measures 6 (6, 6, 7, 7) inches from beg, ending with Row 1 of pat.

Sizes small (medium, large) only

(RS): (Front/back right side) P1, M1, pm; p2, C4B, p2, pm; [k1, p1] twice, k1, pm; p2, C4B, p2, pm; [k1, yo, ssk, p2] 2 (3, 5) times, k1, yo, ssk, pm; p2, C4B, p2, pm; [k1, p1] twice, k1, pm; p2, C4B, p1; (back center panel) p1, pm; p2, pm; p2, C4B, p2, pm; work established Lace Rib across 10 (15, 15) sts; pm; M1, k20, M1, pm; work established Lace Rib across 10 (15, 15) sts; pm; p2, C4B, p2, pm; p2, pm; [k1, p1] twice, k1, pm; p2, C4B, p2, pm; [k1, yo, ssk, p2] 2 (3, 5) times, k1, yo, ssk, pm; p2, C4B, p2, pm; [k1, p1] twice, k1, pm; p2, C4B, p2, pm; M1, p1-176 (196, 216) sts.

Sizes extra-large (2X-large) only

(RS): (Front/back right side) P2, pm; p2, C4B, p2, pm; [k1, p1] 4 times, k1, pm; p2, C4B, p2, pm; [k1, yo, ssk, p2] 6 times, k1, yo, ssk, pm; p2, C4B, p1, M1, pm; [k1, p1] 4 times, k1, pm; p1, M1, C4B, p1; (back center panel) p1, pm; M1, p3, C4B, p1, M1, pm; work established Lace Rib across 15 (20) sts; pm; p1, [k4, k2tog] 3 times, k5, p1, pm; work established Lace Rib across 15 (20) sts; pm; M1, p1, C4B, p2, pm; M1, pm; p1; (front/back left side) p1, C4B, p1, M1, pm; [k1, p1] 4 times, k1,

pm; p1, M1, C4B, p2, pm; [k1, yo, ssk, p2] 6 times, k1, yo, ssk, pm; p2, C4B, p2, pm; [k1, p1] 4 times, k1, pm; p2, C4B, p2, pm; p2-242 (252) sts.

Row 1 (WS): K4, p4, k2, p1, [k1, p1] 2 (2, 2, 4, 4) times, k2, p4, k2, p3, [k2, p3] 2 (3, 5, 6, 6) times, k2, p4, k2, p1, [k1, p1] 2 (2, 2, 4, 4) times, k2, p4, k4, p2, k2, [k1, p3, k1] 2 (3, 3, 3, 4) times, k1, p20, k1, [k1, p3, k1] 2 (3, 3, 3, 4) times, k2, p4, k6, p4, k2, p1, [k1, p1] 2 (2, 2, 4, 4) times, k2, p4, k2, p3, [k2, p3] 2 (3, 5, 6, 6) times, k2, p4, k2, p1, [k1, p1] 2 (2, 2, 4, 4) times, k2, p4, k4.

Rows 2-12: Work Rows 2-12 of from Back & Sides Chart on page 95.

Rep Rows 1-12 until piece measures 20 (20, 20, 21, 21) inches from beg, ending with a WS row.

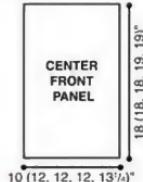
Dividing row (RS): Continuing in pat, work 23 (23, 23, 27, 27) sts, place sts on holder for right front; bind off 13 (18, 28, 33, 33) sts for underarm; work 104 (114, 114, 122, 132) sts, and place sts on holder for back; bind off 13 (18, 28, 33, 33) sts for left underarm; work rem 23 (23, 23, 27, 27) sts for left front.

Left Front

Continuing in pat on left front sts only, work even until armhole measures 9 (9, 10, 10, 11) inches from dividing row, ending with a WS row. Bind off all sts in pat.

Right Front

Return 23 (23, 23, 27, 27) right front sts to needle, ready to work a WS row. Complete as for left front.



Back

Return 104 (114, 114, 122, 132) back sts to needle, ready to work a WS row. Work even until armhole measures 7 (7, 8, 8, 9) inches from dividing row, ending with a WS row. Pm on each side of center 22 (26, 26, 26, 30) sts for neck.

Shape neck

Work in pat to first marker; join a 2nd skein of yarn and bind off center sts; work to end.

Working both sides at once, at each neck edge, bind off 6 (7, 7, 7, 8) sts [every other row] 3 times—23 (23, 27, 27) sts rem for shoulders.

Work even until armhole measures same as fronts to shoulder. Bind off all sts in pat.

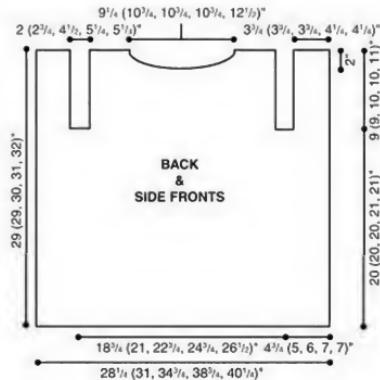
Pockets

Make 2

With smaller needles, cast on 30 (34, 34, 36, 38) sts. Beg with a WS row, work even in rev St st until piece measures 10 (11 1/4, 11 1/4, 11 1/4, 13 1/4) inches from beg. Bind off all sts.

Assembly

Block pieces to measurements, being careful not to flatten texture.



Pocket Edges

Pm on each side edge of center front panel, 8 (8, 8, 8½, 8½) inches from lower edge and 4 inches from upper edge.

With RS facing, using smaller

needles, pick up and knit 37 (37, 37, 42, 42) sts between markers on left-hand side.

Beg with a WS row, work even in Lace Rib for 6 (6, 8, 8, 8) rows. Bind off all sts in pat.

Rep on right-hand side edge of center front panel.

Pm on back/side panel to match front. Sew pocket between markers. Sew center front panel to back/side panel above and below markers, leaving pocket open. On WS, sew pocket to center front panel. On RS, sew pocket edging to front at upper and lower edges.

Sew shoulder seams.

Armhole Edging

With larger 16-inch circular needle, RS facing, pick up and knit 100 (105, 125, 130, 140) sts around armhole; join, pm for beg of rnd.

Work even in Lace Rib in rnds until edging measures 2 (2, 2½, 2½, 3) inches from beg, ending with Rnd 1 or 3. Bind off all sts in pat.

Collar

With larger needle, RS facing, pick up and knit 55 (55, 60, 60, 65) sts along right front neck edge, 52 (62, 62, 62, 72) sts across back neck, 55 (55, 60, 60, 65) sts along left front neck edge—162 (172, 182, 182, 202) sts.

Beg with a WS row, work even in Lace Rib in rows until collar measures 10 (11½, 11½, 11½, 13½) inches from pick-up row, ending with a WS row. Bind off all sts in pat.

Sew right collar over left at center front (see photo). ■

Poetry Contest

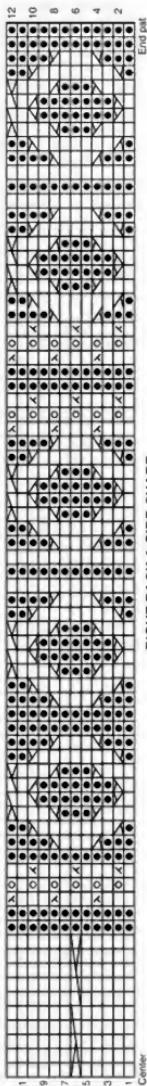
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We are now accepting poetry for the Open Amateur Poetry Contest. The contest is open to everyone and entry is free. However, you must hurry; the deadline for entering your poem is **March 30, 2009**.

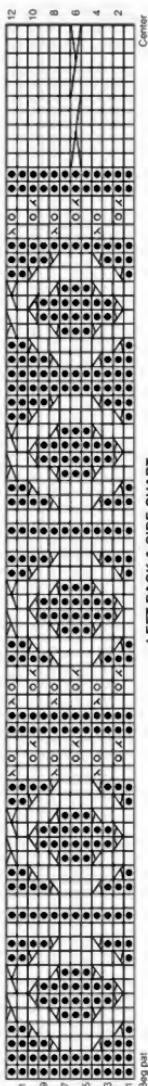
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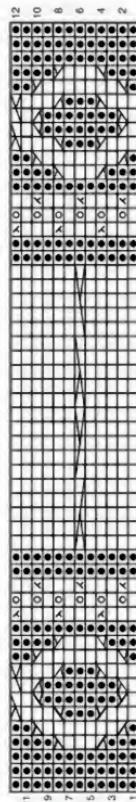
RIGHT BACK & SIDE CHART



LEFT BACK & SIDE CHART

Note: Begin work on Left Back & Side chart, working across to center, and continuing on across Right Back & Side chart. Work to End.

STITCH KEY	
<input type="checkbox"/>	K on RS, p on WS
<input checked="" type="checkbox"/>	P on RS, k on WS
<input type="checkbox"/>	yo
<input type="checkbox"/>	sk
<input checked="" type="checkbox"/>	K2tog
<input checked="" type="checkbox"/>	T3B
<input checked="" type="checkbox"/>	T3F
<input checked="" type="checkbox"/>	C4B
<input type="checkbox"/>	C10B
<input type="checkbox"/>	C10f



CENTER PANEL CHART



of next row—29 (28, 31, 34, 37, 40, 43) sts rem. Work even in established pats until front measures 11½ (12, 15½, 15½, 16, 16½, 17) inches, ending with a RS row.

Work 5 front edge sts in Cartridge Rib pat, then continue in Rib pat across row. Work even in pat as set until front measures 15 (17, 18½, 20½, 21½, 22½, 23) inches, ending with a RS row.

Shape neck

Maintaining Rib pat, bind off at neck edge [7 (7, 7, 7, 8, 8) sts] once, [3 sts] once, then dec 1 st at neck edge [every RS row] 2 (2, 3, 4, 5, 7) times—17 (16, 18, 21, 23, 25, 26) sts. Work even in Rib pat until front measures 17½ (19½, 21½, 23½, 24½, 25, 26½) inches. Sl sts to holder.

Right Front

With B and smaller needles, cast on 33 (33, 37, 41, 45, 49, 53) sts. Change to A and work in Cartridge Rib pat for 12 rows, ending with a WS row.

Change to larger needles, work Cartridge Rib pat over first 5 sts (front edge), place marker, then complete row in St st.

Work in St st, maintaining Cartridge

Rib pat across first 5 sts until front measures 10½ (12, 13½, 14½, 15½, 15, 15½, 16) inches, ending with a RS row.

Shape armhole

Bind off 4 (5, 6, 7, 8, 9, 10) sts at beg of next row—29 (28, 31, 34, 37, 40, 43) sts rem.

Work even in established pats until front measures 11½ (13, 14½, 15½, 16, 16½, 17) inches, ending with a WS row.

Work 5 front edge sts in Cartridge Rib pat, then continue in rib pat across row. Work even in pat as set until front measures 15 (17, 18½, 20½, 21½, 22½, 23) inches, ending with a WS row.

Shape neck

Maintaining Rib pat, bind off at neck edge [7 (7, 7, 7, 8, 8) sts] once, [3 sts] once, then dec 1 st at neck edge [every RS row] 2 (2, 3, 4, 5, 7) times—17 (16, 18, 21, 23, 25, 26) sts.

Work even in Rib pat until front measures 17½ (19½, 21½, 23½, 24½, 25, 26½) inches.

Join shoulders

SI 17 (16, 18, 21, 23, 25, 26) sts of right back to a smaller needle. Bind off front and back shoulders, using 3-Needle Bind-Off, page 68. Rep for left front and back shoulders—19 (23, 21, 21, 23, 25, 29) back neck sts rem on holder.

Sleeves

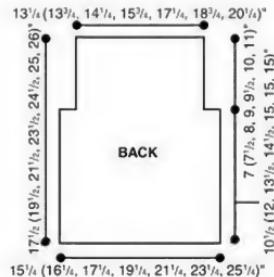
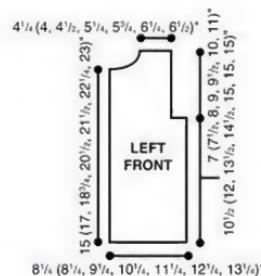
With larger needles and A, RS facing, pick up and knit 57 (61, 65, 73, 77, 81, 93) sts evenly across armhole edge. Work even in St st for 1 (1½, 1½, 2½, 2½) inches. Mark each end of last row.

Shape sleeve

Dec 1 st at beg and end of row [every 6th row] 12 (11, 12, 13, 13, 17, 8) times, then [every 4th row] 2 (5, 4, 5, 5, 1, 16) times—29 (29, 33, 37, 41, 45, 45) sts.

Work even in St st until sleeve measures 13 (14, 15, 16½, 17½, 18½, 19) inches from markers.

Work in Cartridge Rib for 3 inches. Change to B, bind off in pat.





Collar

With larger needles and A, RS facing, beg at right front neck edge, pick up

and knit 10 (10, 10, 10, 10, 11, 11) sts across front neck, 9 (9, 10, 12, 15, 17, 21) sts along neck edge, k19 (23, 21, 21, 23, 25, 29) from back neck holder, pick up and knit 9 (9, 10, 12, 15, 17, 21) sts along neck edge, pick up and knit 10 (10, 10, 10, 10, 11, 11) sts across front neck—57 (61, 61, 65, 73, 81, 93) sts.

Work in Cartridge Rib pat for 3 inches, ending with a WS row.

Change to B for turning row and collar lining, knit 3 rows, then purl 1 row. Work in St st for 3 inches. Bind off very loosely, leaving a long tail for finishing.

Assembly

Sew sleeve seams.

With B, baste front edges tog.

Place zipper on inside of sweater with zipper stop even with bottom edge. With sewing needle and thread, baste zipper in place. Using a sewing machine or by hand, sew zipper in place. Remove basting thread.

Fold collar to inside along turning row and steam in place. Using long tail, sew lining to inside of collar. Using sewing needle and thread, secure edges of collar lining to zipper. ■

Best Friend Tote & Vest

CONTINUED FROM PAGE 44



Row 1: K4, p1, k4.

Row 2 (RS): P4, k1, p4.

Rep Rows 1 and 2 until binding measures same as top edge of tote. Bind off.

Pin binding around top edge of tote with knit st along edge; with needle and thread, sew in place on inside and outside edges.

Fringe

For fringe, cut B in 5-inch lengths. Following instructions on page 68, make single-knot fringe, pulling 1 strand of fringe through each knit st at top edge of binding around edge of tote.

Handles

Cut I-cord into 2 pieces of desired length, allowing approx 2 inches on each end to attach handle. Pinch corner edges tog where pinned. Place 1 end of handle in each corner. Sew securely in place.

Vest Gauge

20 sts = 4 inches/10cm in St st. To save time, take time to check gauge.

Vest

With circular needle, cast on 70 sts. Join without twisting, mark beg of rnd.

Rnds 1-10: Work in K1, P1 Rib.

Rnds 11-14: Work in St st.

Fringe border

Rnd 1: *K6, p1; rep from * around.

Rnd 2: *P1, k4, p1, k1; rep from * around.

Rnd 3: *K1, p1, k2, p1, k2; rep from * around.

Rnd 4: *K2, p2 tog, k3; rep from * around—61 sts.

Work 4 rnds even in St st, end last rnd 12 sts before beg of rnd marker, bind off next 24 sts—37 sts rem.

Sl 1 st of every row, work 6 rows even in St st.

Dec row (RS): Sl 1, ssk, knit to last 3 sts, end k2tog, k1.

Work in St st, rep dec row [every RS row] 9 more times; dec 1 st in center of last row—16 sts rem.

Skill Level

INTERMEDIATE

Vest Finished Measurements

Circumference: Approx 14 inches

Length: Approx 8 inches

Additional Materials

- Size 8 (5mm) 16-inch circular needle

Edging

With RS facing, place marker after 16 sts on needle, pick up and knit 1 st in each sl st and each st around edge. Join. Beg with a purl rnd, work 5 rnds in garter st. Bind off all sts.

Fringe

For fringe, cut B in 3-inch lengths. Following instructions on page 68, make single-knot fringe, pulling 1 strand of fringe through each purl st in Rnds 1-4 of fringe border. ■

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